

Dance Physical Education

Grade 6th, 7th, 8th

Content & Substance			Organization of Knowledge Recommended Lessons with Supporting Resources	Sunshine State Standards Addressed & Mastery Level Indicator	Clear & Compelling Standards Assessment
What students will know and be able to do					
Essential Questions	Content	Skills			
Dance					
What safety rules that should be followed while participating in the dance unit?	The student demonstrates responsible personal and social behaviors in physical activity.	The student demonstrates responsible personal and social behaviors in physical activity.	Identify the safety equipment needed to participate in the dance unit List rules for safe participation in the dance unit. The student will demonstrate their ability to follow the safety rules during the dance unit	PE.B.2.3.3. Appropriate conduct	Oral Review Written Test Teacher observation
What is the history of dance?	The student demonstrates responsible personal and social behaviors in physical activity. The history and origin dance.	The student understands the difference between compliance and non-compliance with rules and knows the meaning of fair participation. The student will learn the history and origin of dance?	Dance was first observed in cave painting found in Spain and France dating from 30,000 to 10,000 B.C. Ballet began in 1581. In the 1920's and 30's, the rumba, the tango, the chat-cha, and the jitterbug began to mainstream. The 1940's popularized swing dance and big band music. The 70's consisted of disco dancing, while the 80's, embraced break dancing. Finally the 90's popularized the hip-hop and line dancing.	Physical Education Literacy PE.A.1.3.1 PE.B.2.3.3. PE.B.2.3.3.c	Written Test Teacher Observation Oral Review
What are the benefits of dancing?	The student knows the potential benefits of various activities.	The student will understand: Dancing is energizing Dancing can provide you with an excellent cardiovascular workout	Web Site Address: www.dancespirit.com www.dance-teacher.com	PE.B.2.4.5.	Written Test Teacher Observation

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What students will know and be able to do					
Essential Questions	Content	Skills		Introduce – I Reinforce – R Master - M	
Dance					
		Dancing can improve flexibility.			Oral Review
What role do skills play in dance activities?	The students will learn the dance skills needed for the type of dance activity they are learning.	The student will learn to: move to the beat and identify right from left; move in a circle-clockwise and counter-clockwise; improve on working with a partner	During the dance unit students will work on the skill needed to complete the dance activity they are learning.	Physical Education Literacy PE.A.1.3.1 PE.B.2.3.3. PE.B.2.3.3.c	Teacher observation
What have you learned while participating in the folk dance, ball room dancing and/or popular dance unit?	The student will practice the skills needed for the dance they are learning.	Folk Dance-learn the polka step, hat dance, limbo and square dance. Ball Room Dancing - learn the waltz, and two step. Popular Dance-Electric slide	Achievement of the benchmarks may be demonstrated when the students can successful demonstrate the dance they are learning.	PE.A.1.2.1 PE.A2.2.3	Teacher observation
What can you learn about other cultural by learning a dance?	The student demonstrates responsible personal and social behaviors in physical activity	The student will become aware of cultural differences and the history of dance.	The student will review and repeat the dances they learned during the dance unit.	PE.A.1.3.1 PE.A.2.3.3.	Teacher observation