Select the specific subject area(s) of the courses in which instruction will be delivered:

- ☒ Art – Visual Arts
- ☒ Computer Education
- ☒ Dance
- ☒ Drama – Theatre Arts
- ☒ English/Language Arts
- ☒ Experimental Education
- ☒ Health Education
- ☒ Library Media
- ☒ Mathematics
- ☒ Music Education
- ☒ Peer Counseling
- ☒ Physical Education
- ☒ Research/Critical Thinking
- ☒ Science
- ☒ Social Studies
- ☒ World Languages
- ☒ Other
- ☐ Leadership Techniques
  (Freshmen Seminar)
- ☐ And All when Assemblies are conducted

Select the qualification(s) of the instructors for the above courses:

- ☒ Florida Certified Teacher
- ☒ Community-based Expert
- ☐ School Nurse
- ☒ School Counselor
- ☐ School Psychologist
- ☐ Other
  Everfi: Mental Health online program and School Social Workers

Please explain the rationale for delivering the instruction in the courses selected above for each grade level.

In middle grades:
The on-line portion of the Character Playbook will be completed during Social Studies classes. The remaining on-line modules and classroom lessons will be delivered through the following:

6th grade: Social Studies – minimal impact to courses with standardized assessments, required for all 6th grade students.

7th grade: Science- minimal impact to courses with standardized assessments, required for all 7th grade students and health standards often covered through Science.

8th grade: English- required of all 8th grade students. Social Studies will do the Character Playbook but students also complete the required Career Exploration through 8th grade Social Studies.

High School:
9th: Freshmen Seminar–aligned with current course objectives and purpose and required for 9th graders except for one school in which case the HOPE will be used.

10th: World History- minimal impact to courses with standardized assessments, required for all 10th grade students.

11th: English III – minimal impact to courses with standardized assessments and required for all 11th grade students.

12th: English IV – minimal impact to courses with standardized assessments and required for all 12th grade students.
### Please describe the methods for delivering the instruction for each grade level.

Grades 6 – 12 students will independently complete self-paced computer program modules that provide age-appropriate content and cover the required elements. The program will be embedded into our Canvas program, the District’s online portal, so students can access the program either at school or home. An administrator portal enables a certified teacher to monitor each student’s progress. Traditional classroom lessons will extend the learning and allow for classroom discussion. These lessons will be delivered by Certified School Counselors, School Social Workers and Teachers. Additionally, assemblies are conducted when community-based experts are utilized for portions of content. The research-based Signs of Suicide Program will also be used in a classroom setting.

### Please describe the materials and resources that will be utilized to deliver the instruction for each grade level.

Grades 6 – 12 students will use Everfi, which is comprehensive digital program designed to help educators foster mental wellness in their classrooms and equip students with lifelong skills to promote positive mental health. It consists of 4 self-paced digital lessons that will be integrated into the designated course titles. Students will access the content through Canvas and teachers will have access to monitor progress. The Mental Wellness Basics lessons are:

- **Lesson 1: Mental Health Basics**
- **Lesson 2: Understanding Mental Health Disorders**
- **Lesson 3: Healthy Coping Skills**
- **Lesson 4: Getting Help**

Through Everfi, students will also complete lessons in Prescription Drug Safety and AlcoholEDU.

Selected offline lessons will extend the learning through robust classroom lessons, discussion questions and classroom activities.

Assembly format will be used for specific grade levels when Community-based Experts deliver the curriculum. Sandy Hook Promise staff deliver the kick-off with Starts with Hello. Substance Abuse is addressed through either the NOPE program in conjunction with Law Enforcement or Operation Prevention in collaboration with DEA, Discovery Education and Drug Free St. Lucie Coalition. The Signs of Suicide Program is used with ninth grade and includes instruction and a screener.