

**THE SCHOOL BOARD OF ST. LUCIE COUNTY**

Invitation to Parent/Child or Mother/Daughter Class

Dear Parent,

We would like to invite you to attend an informational class on puberty. This class presents basic information about menstruation and puberty. It provides the foundation for future mother- daughter or parent- child discussions.

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Place: \_\_\_\_\_ School

Please sign and return the form before the date of the class.

Cordially,

Health Paraprofessional

\_\_\_\_\_ I shall attend the class with my daughter.

\_\_\_\_\_ My daughter is able to attend by herself.

\_\_\_\_\_ Yes, my daughter may be given samples of deodorant, pads, and informative booklets to take home.

\_\_\_\_\_ No, my daughter can not attend.

\_\_\_\_\_  
Daughter's name

\_\_\_\_\_  
Homeroom Teacher

\_\_\_\_\_  
Parent or Guardian Signature

Questions or Comments \_\_\_\_\_

\_\_\_\_\_