

M/J Individual/Dual Sports Grade 8 (1508050) Scope and Sequence

Unit	Standards	Suggested Timeframe
Unit 1: Establish Rules & Safety Procedures	PE.8.M.1.4 , PE.8.R.5.4 , PE.8.R.5.5	2 weeks (10 days)
Unit 2: Sport Specific Skills	PE.8.C.2.3 , PE.8.C.2.5 , PE.8.C.2.6 , PE.8.L.3.1 , PE.8.L.3.2 , PE.8.M.1.1 , PE.8.M.1.2 , PE.8.M.1.3 , PE.8.M.1.5 , PE.8.M.1.6 , PE.8.M.1.7	Ongoing (1 semester)
Unit 3: Ethical & Fair Play	PE.8.R.5.2 , PE.8.R.5.3 , PE.8.R.5.4 , PE.8.R.6.3	Ongoing (1 semester)
Unit 4: Sports History, Rules, & Play	PE.8.C.2.1 , PE.8.C.2.7 , PE.8.C.2.8 , PE.8.L.3.4 , PE.8.L.3.5 , PE.8.M.1.9 , PE.8.R.5.5 , PE.8.R.6.1 , PE.8.R.6.2	Ongoing (1 semester)
Unit 5: Essential Topics: Health & Wellness	PE.8.R.5.1 , PE.8.L.3.3 , PE.8.L.3.6 , PE.8.L.4.3 , PE.8.M.4 , PE.8.M.1.8 , HE.8.B.6.4 , HE.8.C.1.5 , HE.8.C.2.9	2 weeks (10 days)

Health standards are indicated in Red.
Last Updated: 03/10/2022