

Unit	Standards	Suggested Timeframe
Unit 1: Establish Rules & Safety Procedures	PE.912.C.2.9 , PE.912.C.2.25 , PE.912.C.2.20 , PE.912.L.3.6 , PE.912.M.1.35 , PE.912.R.5.5	2 weeks (10 days)
Unit 2: Sport Specific Skills	PE.912.C.2.21 , PE.912.M.1.10 , PE.912.M.1.15 , PE.912.M.1.23 , PE.912.M.1.31 , PE.912.M.1.32 , PE.912.C.2.26 , PE.912.C.2.27	Ongoing (1 semester)
Unit 3: Ethical & Fair Play	PE.912.R.5.3 , PE.912.R.5.2 , PE.912.R.5.4 , PE.912.R.6.1 , PE.912.R.6.3	Ongoing (1 semester)
Unit 4: Sports History, Rules, & Play	PE.912.C.2.28 , PE.912.L.3.4 , PE.912.L.3.5	Ongoing (1 semester)
Unit 5: Essential Topics: Health & Wellness	PE.912.C.2.23 , PE.912.M.1.5 , PE.912.M.1.19 , PE.912.M.1.33	2 weeks (10 days)