

Unit	Standards	Suggested Timeframe
Unit 1: Establish Rules & Safety Procedures	PE.7.R.5.2 , PE.7.R.5.3 , PE.7.R.5.5	2 weeks (10 days)
Unit 2: Sport Specific Skills	PE.7.C.2.1 , PE.7.C.2.3 , PE.7.C.2.7 , PE.7.L.3.1 , PE.7.L.3.2 , PE.7.M.1.2 , PE.7.M.1.3 , PE.7.M.1.6 , PE.7.M.1.9	Ongoing (1 semester)
Unit 3: Ethical & Fair Play	PE.7.R.5.4 , PE.7.R.6.1 , PE.7.R.6.3	Ongoing (1 semester)
Unit 4: Sports History, Rules, & Play	PE.7.C.2.8 , PE.7.C.2.9 , PE.7.L.3.3 , PE.7.L.3.4 , PE.7.L.3.5 , PE.7.M.1.1 , PE.7.M.1.7 , PE.7.R.6.2	Ongoing (1 semester)
Unit 5: Essential Topics: Health & Wellness	HE.7.C.2.6 , PE.7.R.5.1 , PE.7.L.3.6 , PE.7.M.1.8 , HE.7.C.2.6 , HE.7.B.6.3 , HE.7.P.8.2	2 weeks (10 days)

Health standards are indicated in Red.
Last Updated: 03/10/2022