

Unit	Standards	Suggested Timeframe
<b>Unit 1:</b> Establish Rules & Safety Procedures	<a href="#">PE.912.C.2.25</a> , <a href="#">PE.912.L.3.6</a> , <a href="#">PE.912.M.1.35</a> , <a href="#">PE.912.R.5.5</a> , <a href="#">PE.912.R.6.2</a>	<b>2 weeks</b> (10 days)
<b>Unit 2:</b> Sport & Movement Specific Skills	<a href="#">PE.912.C.2.3</a> , <a href="#">PE.912.C.2.16</a> , <a href="#">PE.912.C.2.26</a> , <a href="#">PE.912.L.4.5</a> , <a href="#">PE.912.M.1.5</a> , <a href="#">PE.912.M.1.12</a> , <a href="#">PE.912.M.1.15</a> , <a href="#">PE.912.M.1.16</a> , <a href="#">PE.912.M.1.19</a> , <a href="#">PE.912.M.1.30</a> , <a href="#">PE.912.M.1.34</a> , <a href="#">PE.912.C.2.7</a> , <a href="#">PE.912.C.2.24</a> , <a href="#">PE.912.M.1.33</a> , <a href="#">PE.912.C.2.22</a>	<b>Ongoing</b> (1 semester)
<b>Unit 3:</b> Ethical & Fair Play	<a href="#">PE.912.R.6.3</a>	<b>Ongoing</b> (1 semester)
<b>Unit 4:</b> Essential Topics: Health & Wellness	<a href="#">PE.912.C.2.6</a> , <a href="#">PE.912.C.2.23</a> , <a href="#">PE.912.L.3.2</a> , <a href="#">PE.912.L.3.3</a> , <a href="#">PE.912.L.4.2</a> , <a href="#">PE.912.L.4.4</a> , <a href="#">PE.912.C.2.17</a>	<b>Ongoing</b> (1 semester)

Health standards are indicated in black.

Last Updated: 08/10/2021