

Mental and Emotional Health Education Implementation Plan



State Board of Education Rule:	6A-1.094121 Mental and Emotional Health Education
Name of the School District	St Lucie Public Schools
Superintendent of the School District	E.Wayne Gent
Implementation Period: (MM/YY – MM/YY)	08/06/20 – 06/30/21
Submission Date to the Commissioner	December 1, 2020
Direct URL to the Implementation Plan as posted on the school district website	http://www.stlucie.k12.fl.us/curriculum/ImplementationPlans/Mental-Health-Plan.pdf
School District Contact(s) for this Plan <i>(name and email address)</i>	Dr. Helen Wild, Chief Academic Officer

Select the specific subject area(s) of the courses in which instruction will be delivered:			
<input checked="" type="checkbox"/> Art – Visual Arts <input checked="" type="checkbox"/> Computer Education <input checked="" type="checkbox"/> Dance <input checked="" type="checkbox"/> Drama – Theatre Arts <input checked="" type="checkbox"/> English/Language Arts	<input checked="" type="checkbox"/> Experimental Education <input checked="" type="checkbox"/> Health Education <input checked="" type="checkbox"/> Library Media <input checked="" type="checkbox"/> Mathematics <input checked="" type="checkbox"/> Music Education	<input checked="" type="checkbox"/> Peer Counseling <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Research/Critical Thinking <input checked="" type="checkbox"/> Science <input checked="" type="checkbox"/> Social Studies	<input checked="" type="checkbox"/> World Languages <input checked="" type="checkbox"/> Other Leadership Techniques (Freshmen Seminar) And All when Assemblies are conducted

Select the qualification(s) of the instructors for the above courses:
<input checked="" type="checkbox"/> Florida Certified Teacher <input checked="" type="checkbox"/> Community-based Expert <input type="checkbox"/> School Nurse <input checked="" type="checkbox"/> School Counselor <input type="checkbox"/> School Psychologist <input checked="" type="checkbox"/> Other Suite360: online program and School Social Workers

Please explain the rationale for delivering the instruction in the courses selected above for each grade level.

In middle grades, students will receive instruction in P.E. classes to support the health standards for these electives. If a student is not enrolled in a P.E. course, Band electives will be used instead.

High School

9th: Freshmen Seminar–aligned with current course objectives and purpose and required for 9th graders except for one school in which case the HOPE will be used.

10th: World History- minimal impact to courses with standardized assessments, required for all 10th grade students.

11th : English III – minimal impact to courses with standardized assessments and required for all 11th grade students.

12th: English IV – minimal impact to courses with standardized assessments and required for all 12th grade students.

Students will attend from all classes when Assemblies are delivered because the entire grade will attend the assembly during their scheduled class period.

Full-time Dual Enrollment Students will complete all on-line requirements at home or on designated days in the computer lab.

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Please describe the methods for delivering the instruction for each grade level.

Grades 6 – 12 students will independently complete self-paced computer program modules that provide age-appropriate content and cover the required elements. The program will be available on the District’s online portal, so students can access the program either at school or home. An administrator portal enables a certified teacher to monitor each student’s progress. Traditional classroom lessons will extend the learning and allow for classroom discussion. These lessons will be delivered by Certified School Counselors, School Social Workers and Teachers. Additionally, assemblies are conducted when community-based experts are utilized for portions of content. The research-based Signs of Suicide Program will also be used in a classroom setting.

Please describe the materials and resources that will be utilized to deliver the instruction for each grade level.

Grades 6 – 12 students will use Suite360, which is comprehensive digital program designed to help educators foster mental wellness in their classrooms and equip students with lifelong skills to promote positive mental health. It consists of 7 self-paced digital lessons that will be integrated into the designated course titles. Students will access the content through Suite360 and teachers will have access to monitor progress. The lessons are:

- Mental Health Awareness & Assistance
- Healthy Coping Tools for Teens
- #StopTheStigma: The Truth About Mental Health Conditions
- You Can Help: Supporting Someone with a Mental Health Condition
- Prevention of Substance Misuse
- Child Trafficking Prevention
- Awareness of Resources and the Process for Accessing Treatment

Selected offline lessons will extend the learning through robust classroom lessons, discussion questions and classroom activities.

Assembly format will be used for specific grade levels when Community-based Experts deliver the curriculum. Sandy Hook Promise staff deliver the kick-off with Starts with Hello. Substance Abuse is addressed through either the NOPE program in conjunction with Law Enforcement or Operation Prevention in collaboration with DEA, Discovery Education and Drug Free St. Lucie Coalition. The Signs of Suicide Program is used with ninth grade and includes instruction and a screener.