

# Physical Education Grades 3-5 (**5015050-60-70**) Scope and Sequence

| Units of Study                                        | Standards                                                                                                                                                                                                                                                                                                                                                                              |                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Suggested Timeframe                          |
|-------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------|
|                                                       | 3 <sup>rd</sup> Grade (5015050)                                                                                                                                                                                                                                                                                                                                                        | 4 <sup>th</sup> Grade (5015060)                                                                                                                                                                                                                                                                                                                                                                    | 5 <sup>th</sup> Grade (5015070)                                                                                                                                                                                                                                                                                                                                                                                                                       |                                              |
| <b>Unit 1:</b><br>Establish Rules & Safety Procedures | <a href="#">PE.3.R.5.3</a> , <a href="#">PE.3.C.2.2</a> , <a href="#">PE.3.C.2.4</a> ,<br><a href="#">PE.3.C.2.7</a> , <a href="#">PE.3.L.3.7</a> , <a href="#">PE.3.L.4.6</a>                                                                                                                                                                                                         | <a href="#">PE.4.L.3.5</a> , <a href="#">PE.4.R.5.2</a> , <a href="#">PE.4.C.2.2</a> , <a href="#">P</a><br><a href="#">E.4.C.2.8</a> , <a href="#">PE.4.L.3.6</a> , <a href="#">PE.4.L.4.6</a>                                                                                                                                                                                                    | <a href="#">PE.5.R.5.2</a> , <a href="#">PE.5.R.6.3</a> , <a href="#">PE.5.L.3.8</a> ,<br><a href="#">PE.5.L.4.4</a> , <a href="#">PE.5.C.2.4</a> , <a href="#">PE.5.C.2.2</a>                                                                                                                                                                                                                                                                        | 3 weeks<br>(15 days)                         |
| <b>Unit 2:</b><br>Locomotor Skills                    | <a href="#">PE.3.M.1.1</a> , <a href="#">PE.3.C.2.5</a> , <a href="#">PE.3.L.4.5</a> , <a href="#">P</a><br><a href="#">E.3.L.4.8</a> , <a href="#">PE.3.R.6.1</a>                                                                                                                                                                                                                     | <a href="#">PE.4.M.1.1</a> , <a href="#">PE.4.C.2.1</a> , <a href="#">PE.4.L.4.5</a> ,<br><a href="#">PE.4.C.2.5</a> , <a href="#">PE.4.C.2.6</a> , <a href="#">PE.4.R.5.1</a>                                                                                                                                                                                                                     | <a href="#">PE.5.M.1.1</a> , <a href="#">PE.5.M.1.9</a> , <a href="#">PE.5.C.2.5</a> ,<br><a href="#">PE.5.C.2.6</a> , <a href="#">PE.5.L.3.5</a> , <a href="#">PE.5.L.3.6</a> ,<br><a href="#">PE.5.L.4.8</a> , <a href="#">PE.5.R.5.3</a>                                                                                                                                                                                                           | 4 weeks<br>(20 days)                         |
| <b>Unit 3:</b><br>Cooperative Games                   | <a href="#">PE.3.C.2.6</a> , <a href="#">PE.3.R.5.1</a> , <a href="#">PE.3.R.5.2</a> , <a href="#">P</a><br><a href="#">E.3.R.6.2</a> , <a href="#">PE.3.R.6.3</a>                                                                                                                                                                                                                     | <a href="#">PE.4.R.5.2</a> , <a href="#">PE.4.R.5.3</a> , <a href="#">PE.4.R.6.1</a> ,<br><a href="#">PE.4.R.6.3</a>                                                                                                                                                                                                                                                                               | <a href="#">PE.5.R.5.2</a> , <a href="#">PE.5.C.2.1</a> , <a href="#">PE.5.C.2.6</a> , <a href="#">P</a><br><a href="#">E.5.C.2.7</a>                                                                                                                                                                                                                                                                                                                 | 5 weeks<br>(25 days)                         |
| <b>Unit 4:</b><br>Invasion Games, Chase & Flee Games  | <a href="#">PE.3.M.1.1</a> , <a href="#">PE.3.C.2.8</a> , <a href="#">PE.3.L.3.3</a>                                                                                                                                                                                                                                                                                                   | <a href="#">PE.4.M.1.7</a> , <a href="#">PE.4.C.2.1</a> , <a href="#">PE.4.C.2.9</a> ,<br><a href="#">PE.4.L.3.3</a>                                                                                                                                                                                                                                                                               | <a href="#">PE.5.M.1.7</a> , <a href="#">PE.5.C.2.1</a> , <a href="#">PE.5.C.2.8</a>                                                                                                                                                                                                                                                                                                                                                                  | 6 weeks<br>(30 days)                         |
| <b>Unit 5:</b><br>Movement Concepts                   | <a href="#">PE.3.M.1.5</a> , <a href="#">PE.5.M.1.5</a> , <a href="#">PE.3.M.1.2</a> ,<br><a href="#">PE.3.M.1.6</a> , <a href="#">PE.3.C.2.1</a> , <a href="#">PE.3.C.2.3</a> , <a href="#">PE.3.L.4.4</a>                                                                                                                                                                            | <a href="#">PE.4.M.1.2</a> , <a href="#">PE.4.M.1.6</a> ,<br><a href="#">PE.4.M.1.5</a> , <a href="#">PE.4.M.1.12</a>                                                                                                                                                                                                                                                                              | <a href="#">PE.5.C.2.3</a> , <a href="#">PE.5.L.4.2</a> , <a href="#">PE.5.M.1.2</a> ,<br><a href="#">PE.5.M.1.6</a>                                                                                                                                                                                                                                                                                                                                  | 6 weeks<br>(30 days)                         |
| <b>Unit 6:</b><br>Motor Skills & Moving Objects       | <a href="#">PE.3.M.1.3</a> , <a href="#">PE.3.M.1.4</a> , <a href="#">PE.3.M.1.1</a> ,<br><a href="#">PE.3.M.1.7</a> , <a href="#">PE.3.M.1.8</a>                                                                                                                                                                                                                                      | <a href="#">PE.4.M.1.3</a> , <a href="#">PE.4.M.1.4</a> ,<br><a href="#">PE.4.M.1.7</a> , <a href="#">PE.4.M.1.8</a>                                                                                                                                                                                                                                                                               | <a href="#">PE.5.M.1.3</a> , <a href="#">PE.5.M.1.4</a> ,<br><a href="#">PE.5.M.1.8</a>                                                                                                                                                                                                                                                                                                                                                               | 4 weeks<br>(20 days)                         |
| <b>Unit 7:</b><br>Educational Dance & Movement        | <a href="#">PE.3.L.3.4</a> , <a href="#">PE.3.L.4.10</a> ,<br><a href="#">PE.3.M.1.9</a> , <a href="#">PE.3.M.1.10</a> ,<br><a href="#">PE.3.M.1.11</a>                                                                                                                                                                                                                                | <a href="#">PE.4.C.2.3</a> , <a href="#">PE.4.C.2.7</a> , <a href="#">PE.4.L.3.4</a> ,<br><a href="#">PE.4.L.4.4</a> , <a href="#">PE.4.L.4.10</a> ,<br><a href="#">PE.4.M.1.9</a> , <a href="#">PE.4.M.1.10</a> ,<br><a href="#">PE.4.M.1.11</a>                                                                                                                                                  | <a href="#">PE.5.L.3.7</a> , <a href="#">PE.5.L.4.5</a> , <a href="#">PE.5.L.4.9</a> ,<br><a href="#">PE.5.M.1.10</a> , <a href="#">PE.5.M.1.11</a> ,<br><a href="#">PE.5.R.5.1</a>                                                                                                                                                                                                                                                                   | 5 weeks<br>(25 days)                         |
| <b>Unit 8:</b><br>Health & Wellness                   | <a href="#">PE.3.L.3.1</a> ,<br><a href="#">PE.3.L.3.2</a> , <a href="#">PE.3.L.3.5</a> , <a href="#">PE.3.L.3.6</a> ,<br><a href="#">PE.3.L.4.1</a> , <a href="#">PE.3.L.4.2</a> , <a href="#">PE.3.L.4.3</a> ,<br><a href="#">PE.3.L.4.7</a> , <a href="#">PE.3.L.4.9</a> , <a href="#">HE.3.B.5.2</a> , <a href="#">H</a><br><a href="#">E.3.B.6.1</a> , <a href="#">HE.3.C.2.1</a> | <a href="#">PE.4.C.2.4</a> , <a href="#">PE.4.L.4.7</a> , <a href="#">PE.4.R.6.2</a> ,<br><a href="#">PE.4.L.3.1</a> , <a href="#">PE.4.L.3.2</a> , <a href="#">PE.4.L.4.1</a> ,<br><a href="#">PE.4.L.4.2</a> , <a href="#">PE.4.L.4.3</a> , <a href="#">PE.4.L.4.8</a> ,<br><a href="#">PE.4.L.4.9</a> , <a href="#">HE.4.B.3.3</a> , <a href="#">HE.4.C.1.2</a> ,<br><a href="#">HE.4.C.2.6</a> | <a href="#">PE.5.L.3.1</a> , <a href="#">PE.5.L.3.2</a> , <a href="#">PE.5.L.3.4</a> ,<br><a href="#">PE.5.L.4.1</a> , <a href="#">PE.5.L.4.3</a> , <a href="#">PE.5.L.4.5</a> , <a href="#">P</a><br><a href="#">E.5.L.4.6</a> , <a href="#">PE.5.L.4.7</a> , <a href="#">PE.5.R.6.1</a> , <a href="#">PE</a><br><a href="#">.5.R.6.2</a> , <a href="#">HE.5.B.5.4</a> , <a href="#">HE.5.C.1.3</a> , <a href="#">H</a><br><a href="#">E.5.C.1.6</a> | Ongoing<br>(2-3 weeks for Suite360 lessons.) |

Health standards are indicated in red.

Last Updated: 03/10/2022