



Quest Diagnostics® Biometric Screening

and Florida Blue have partnered with Quest Diagnostics to bring you health and biometric screening services that provide information about your body so you can take steps to be as healthy as you can be.

IMPORTANT!

- You must complete your biometric screening between _____ and _____ at one of the Quest Diagnostics Patient Service Centers.

Here's how:

Schedule and complete your biometric screening at a participating Quest Diagnostics Patient Service Center:

- Go to My.QuestForHealth.com
- Enter your registration key:
- Your Unique ID is the first 8 numbers found on your Florida Blue Member Card and your date of birth as MMDDYYYY (ex. Member Card 12345678, DOB 1/7/1965 = 1234567801071965). See sample card below to see where the first 8 numbers are located on your Florida Blue Member Card.



- Or to register by phone, simply call 1-855-623-9355 (M – F: 8:00 a.m. – 8:00 p.m. EST; Sat: 8:30 a.m. – 3:00 p.m. EST)
- Don't forget! You shouldn't eat or drink anything other than water 9-12 hours before your blood draw. Take your medications, including blood pressure medications, with a sip of water. If you have diabetes, please check with your doctor about taking insulin or oral medications if you will be fasting. Be sure to print your confirmation page and take it to your appointment.
- Once your biometric screening is complete, your results will be available online within 3-5 days.

Florida Blue 
BetterYou



Florida Blue is a trade name of Blue Cross and Blue Shield of Florida, Inc., an Independent Licensee of the Blue Cross and Blue Shield Association. We comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability or sex. ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-352-2583 (TTY: 1-877-955-8773). ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-800-352-2583 (TTY: 1-800-955-8770).

Quest Diagnostics is an independent diagnostic laboratory company that does not provide Florida Blue products or services.

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