

Summary Ingredient List

St. Lucie Public Schools

Search By:	Default	Order By:	Description
Active:	Yes	Report Type:	100g Base Weight

No.	Description	Calories ¹ (kcal)	Total Fat (g)	Sat. Fat ¹ (g)	Trans Fat (g)	Chol (mg)	Sodium ¹ (mg)	Carbs (g)	Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin A (RAE)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
601489	French Toast Sticks, WG, 12/2lb, Rich's, 37720	248.020	9.186	1.378	0.000	0.000	303.136	36.744	3.674	0.000	*N/A*	6.430	*N/A*	0.000	33.069	1.837
990334	100% WW Bread, Flowers Foods, 123002	214.286	3.571	0.000	0.000	0.000	410.714	42.857	7.143	1.786	*N/A*	14.286	*N/A*	0.000	192.857	2.857
903490	20 oz Square Bowl 287574	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	*N/A*	*N/A*	0.000	*N/A*	0.000	0.000	0.000
903491	20 oz Square Plastic Lid 287579	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	*N/A*	*N/A*	0.000	*N/A*	0.000	0.000	0.000
903487	5.5oz Black Container 324036	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	*N/A*	*N/A*	0.000	*N/A*	0.000	0.000	0.000
602039	7" Wedge Pizza, 96/4.9 oz., Nardone's, 96SWWED2	208.764	6.479	2.160	0.000	14.398	223.162	21.596	2.880	0.000	*N/A*	15.837	*N/A*	6.479	215.963	1.944
903488	8 oz Foam Casserole Dish 287770	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	*N/A*	*N/A*	0.000	*N/A*	0.000	0.000	0.000
903489	8oz Dome Lid/Casserole 287492	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	*N/A*	*N/A*	0.000	*N/A*	0.000	0.000	0.000
903486	9" Hoagie Container 235218	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	*N/A*	*N/A*	0.000	*N/A*	0.000	0.000	0.000
901013	Alaska Pollock, WG, Sticks, USDA, 110851	185.188	7.055	0.882	0.000	39.683	273.373	16.755	1.764	0.882	*N/A*	14.110	*N/A*	2.116	17.637	0.952

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601931	Alaska Pollock, WG, Trident, 10lb, 422071	220.462	11.464	0.882	0.000	39.683	317.466	17.637	1.764	0.000	0.000	13.228	*N/A*	0.000	13.228	0.882
990377	Apple Cnmn Toast, 96/3.3 oz, IW S&F Foods, 128MC	277.916	6.413	1.069	0.000	0.000	309.984	48.101	2.138	*N/A*	*N/A*	8.551	*N/A*	1.283	42.756	2.886
903234	Apple Frudel, WG, Pillsbury, 27852	323.473	9.242	1.540	0.000	0.000	385.087	55.453	3.081	15.403	13.863	6.161	*N/A*	0.000	0.000	1.664
900767	Apple Juice, 70/4 oz, M&B,2840	52.911	0.000	0.000	0.000	0.000	0.000	12.346	0.000	12.346	0.000	0.000	*N/A*	0.000	0.000	0.000
990329	Apple, Fresh and Sliced Skin-on Bag	91.712	0.300	0.049	0.000	0.000	1.764	24.357	4.233	18.325	*N/A*	0.511	*N/A*	8.117	1.058	0.213
799963	APPLES, FRESH, GRANNY SMITH, WITH SKIN	52.200	0.1700	0.0300	0.0000	0.000	1.100	13.8100	2.420	*N/A*	*N/A*	0.260	*N/A*	4.620	6.040	0.120
51448	Apples, Gala, Fresh, 125	52.200	0.1700	0.0300	0.0000	0.000	1.100	13.8100	2.420	*N/A*	*N/A*	0.260	*N/A*	4.620	6.040	0.120
903502	Apples, Golden, Fresh, 125	57.000	0.1500	0.0000	0.0000	0.000	2.000	13.6000	2.400	10.040	*N/A*	0.280	*N/A*	0.000	6.000	0.130
50357	APPLES, IQF, SLICED, FZN, 100258 USDA	46.150	0.3300	0.0600	0.0000	0.000	3.850	11.8800	1.920	*N/A*	*N/A*	0.290	*N/A*	0.380	5.770	0.190
51450	Apples, Red, Fresh, 125	52.200	0.1700	0.0300	0.0000	0.000	1.100	13.8100	2.420	*N/A*	*N/A*	0.260	*N/A*	4.620	6.040	0.120
990187	Apples, Sliced, Pkg 2 oz	52.911	0.000	0.000	0.000	0.000	0.000	12.346	1.764	10.582	*N/A*	0.000	*N/A*	137.569	35.274	0.000
902377	Apples, Sliced, Unsweet, Cnd, USDA, 100206	41.667	0.000	0.000	0.000	0.000	8.333	10	1.667	0.000	*N/A*	0.000	*N/A*	0.8	0.000	0.958

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799979	APPLES,RAW,WITHOUT SKIN	48.000	0.1300	0.0210	*N/A*	0.000	0.000	12.7600	1.300	*N/A*	*N/A*	0.270	*N/A*	4.000	5.000	0.070
990124	Applesauce cup,unsweet, USDA, 110361	39.977	0.000	0.000	0.000	0.000	1.568	10.974	0.784	0.000	*N/A*	0.000	*N/A*	0.000	0.000	0.000
902268	Applesauce, #10 can, USDA, 110541	41.803	0.000	0.000	0.000	0.000	1.639	11.475	0.820	0.000	*N/A*	0.000	*N/A*	0.000	0.000	0.000
902375	Applesauce, Cnd, Swtnd, Emerald, 50001	79.366	0.000	0.000	0.000	0.000	8.818	19.401	1.764	15.873	*N/A*	0.150	*N/A*	21.164	0.000	0.203
9039	Avocados, Raw, Florida	120.000	10.0600	1.9600	0.0000	0.000	2.000	7.8200	5.600	2.420	*N/A*	2.230	*N/A*	17.400	10.000	0.170
799980	AVOCADOS,RAW, ALL COMM VAR	160.000	14.6600	2.1260	*N/A*	0.000	7.000	8.5300	6.700	*N/A*	*N/A*	2.000	*N/A*	10.000	12.000	0.550
900112	Bagel, Mini, WG, bulk, Tasty Brands, 20507	264.555	3.527	0.000	0.000	0.000	511.473	54.675	5.291	3.527	*N/A*	10.582	*N/A*	0.000	26.455	3.351
990299	Bagel, slcd, fzn, Bagelmania, 18713	276.057	1.534	0.000	0.000	0.000	521.442	56.745	4.601	7.668	*N/A*	10.736	*N/A*	1.534	24.538	3.067
902326	Bagel-fuls, cream chz, WG, 2808121353	253.973	7.055	4.233	0.000	21.164	253.973	40.918	4.233	*N/A*	*N/A*	8.466	*N/A*	1.693	56.438	2.540
990072	Baked Beans, Bushs, 6/#10, 01638,	107.356	0.767	0.000	0.000	0.000	421.754	22.238	3.834	22.238	*N/A*	4.601	*N/A*	0.000	30.673	1.380
990025	Baking Powder, 6/5lb, 58001	0.000	0.000	0.000	0.000	0.000	12500	0.000	0.000	*N/A*	*N/A*	0.000	*N/A*	0.000	3333.333	0.000
990038	Baking Soda, Clabber Girl, 24/16 oz, 00750	0.000	0.000	0.000	0.000	0.000	16000	0.000	0.000	*N/A*	*N/A*	0.000	*N/A*	0.000	0.000	0.000

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903466	Banana Peppers, Gielow, 4/1gal, E780CC	17.857	0.000	0.000	0.000	0.000	1000	3.571	3.571	0.000	0.000	0.000	*N/A*	0.000	71.429	0.179
9040	BANANAS,RAW	89.000	0.3300	0.1120	0.0000	0.000	1.000	22.8400	2.600	12.230	*N/A*	1.090	*N/A*	8.700	5.000	0.260
900084	BASIL LEAF	0.000	0.0000	0.0000	*N/A*	0.000	0.000	0.0000	0.000	*N/A*	*N/A*	0.000	*N/A*	0.000	0.000	0.000
2044	Basil Leaves, Sysco, 974227, 5 oz	23.000	0.6400	0.0410	0.0000	0.000	4.000	2.6500	1.600	0.300	*N/A*	3.150	*N/A*	18.000	177.000	3.170
600070	BBQ Sauce, Kraft, 4/1 gal, 678966	166.667	0.000	0.000	0.000	0.000	1055.55 6	41.667	0.000	36.111	36.111	0.000	*N/A*	0.000	0.000	1.111
990435	Beans Refried, Santiago, 6/27.09	123.459	1.323	0.441	0.000	0.000	485.017	20.283	7.937	0.000	0.000	7.937	*N/A*	0.000	44.092	0.000
903167	Beans, Black, Bush's Best, 01885, 6/#10	92.019	0.383	0.000	0.000	0.000	107.356	17.637	4.601	0.000	*N/A*	5.368	*N/A*	0.000	46.010	1.380
903169	Beans, Garbanzo, Bush's, 1701	92.308	1.538	0.000	0.000	0.000	107.692	15.385	3.846	0.000	*N/A*	4.615	*N/A*	0.000	30.769	1.385
990422	Beans, Great Northern, USDA 100373, 6/#10	86.225	0.000	0.000	0.000	0.000	109.741	18.813	5.487	0.000	*N/A*	4.703	*N/A*	0.000	41.545	1.254
50471	Beans, Green, Frozen	27.940	0.1600	0.0400	0.0000	0.000	8.820	6.4000	2.940	*N/A*	*N/A*	1.490	*N/A*	4.120	48.530	0.870
50535	BEANS, GREEN,CND, Monarch	20.590	0.1000	0.0300	0.0000	0.000	205.880	4.4700	1.910	*N/A*	*N/A*	1.150	*N/A*	4.710	26.470	0.900
902261	Beans, Kidney, Bush's, 1756	84.615	0.000	0.000	0.000	0.000	200	15.385	5.385	0.769	*N/A*	5.385	*N/A*	0.000	30.769	1.385
903175	Beans, Pinto, Bush's, 1819	76.923	0.000	0.000	0.000	0.000	107.692	13.846	5.385	0.000	*N/A*	4.615	*N/A*	0.000	30.769	1.108
902173	Beans, Refried, El Pasada 173107	83.000	0.8700	0.1400	0.0000	0.000	430.000	13.5000	4.700	0.000	*N/A*	5.300	*N/A*	0.000	20.000	1.800

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903495	BEANS, SNAP, GREEN, RAW	0.068	0.000	0.000	0.000	0.000	0.013	0.015	0.006	*N/A*	*N/A*	0.004	*N/A*	0.027	0.082	0.002
903166	Beans, Vegetarian Baked, USDA, 100364	84.719	0.770	0.000	0.000	0.000	107.824	15.403	3.851	0.000	*N/A*	5.391	*N/A*	0.000	61.614	2.079
601005	Beef & Cheese Taco Stick, 50/4.6oz, IFS, 270019	264.563	9.831	6.403	0.000	40.189	483.629	24.439	2.952	0.000	*N/A*	15.390	*N/A*	4.885	252.117	2.124
900253	Beef Base, Minor, 6/1 lb	300	20	0.000	0.000	0.000	2700	20	0.000	20	*N/A*	20	*N/A*	0.000	0.000	0.000
601240	Beef Bean Burrito IW, Fernado, 96/5 oz, 5818	268.082	10.582	4.938	0.000	17.637	324.521	28.219	3.527	0.000	*N/A*	11.288	*N/A*	0.847	70.548	1.016
900339	Beef Hot Dog, 8/1lb Kent Foods, 437	317.466	28.219	10.582	0.882	61.729	881.850	5.291	0.000	1.764	*N/A*	10.582	*N/A*	0.000	0.000	1.270
902366	Beef Pie Jamaican style, 50/5oz., Hot Pie 7054	224.471	7.696	2.886	0.000	12.827	275.778	33.991	3.848	0.000	*N/A*	10.262	*N/A*	0.000	25.654	2.309
990326	Beef, Burger bld schrooms, raw, Miami Beef, 06550	177.472	11.244	4.189	0.551	56.769	48.502	1.102	0.000	0.000	*N/A*	17.086	*N/A*	0.661	11.023	1.786
990325	Beef, Burger, Raw, 100/3.2oz, Miami Beef, 06539	198.416	13.228	0.551	0.000	65.036	55.116	0.000	0.000	0.000	*N/A*	18.739	*N/A*	0.000	11.023	1.389
600099	Beef, Crumbles, ckd, Don Lee, CNQ21104	171.560	8.017	3.046	0.000	40.084	299.829	6.253	0.000	0.000	*N/A*	21.004	*N/A*	0.000	54.514	3.207

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903162	Beef, Hamburger Patty, Don Lee, CNQ212503	165.082	9.030	3.527	0.000	36.685	279.370	4.938	2.681	0.000	*N/A*	18.342	*N/A*	0.000	47.973	2.822
903225	Beef, Meatballs, Don Lee, CNQ28053VS	156.969	7.937	3.175	0.000	47.620	504.418	2.998	1.235	0.000	*N/A*	19.048	*N/A*	0.000	28.219	2.469
990402	Beef, Patty, Raw, 2.8 oz, USDA, 40 lb, 110349	216.683	15.117	6.299	0.000	68.028	66.769	0.000	0.000	0.000	0.000	18.897	*N/A*	0.000	25.196	2.041
903472	Beef, seasoned, sliced, 30lb/2.5 oz., AP 69249	197.534	12.699	4.938	0.000	49.384	324.521	5.644	0.000	0.000	*N/A*	16.932	*N/A*	0.000	28.219	2.032
601285	Beef, Sous Vide, JTM, CP5887	122.599	4.302	1.721	0.000	66.676	45.168	0.000	0.000	0.000	*N/A*	21.509	*N/A*	0.000	10.754	2.151
600538	Beef, Taco Filling, Don Lee, CNQK12500	122.237	4.424	1.630	0.000	34.925	239.817	6.519	2.910	2.095	*N/A*	16.298	*N/A*	0.000	43.074	2.561
900205	Beef, teriyaki dipper, 25lb/2.8 oz. AP 3740	201.566	10.078	4.409	0.630	50.391	554.306	7.559	1.260	0.000	*N/A*	17.637	*N/A*	0.000	25.196	1.814
11084	BEETS,CND,DRND SOL	31.000	0.1400	0.0220	0.0000	0.000	194.000	7.2100	1.800	5.510	*N/A*	0.910	*N/A*	4.100	15.000	1.820
11333	Bell Pepper, Green	20.000	0.1700	0.0580	0.0000	0.000	3.000	4.6400	1.700	2.400	*N/A*	0.860	*N/A*	80.400	10.000	0.340
11821	Bell Pepper, Red	31.000	0.3000	0.0270	0.0000	0.000	4.000	6.0300	2.100	4.200	*N/A*	0.990	*N/A*	127.700	7.000	0.430
900241	Belly Bear Graham Crkr, 200/1 oz J&J snack 056072	458.562	14.110	0.000	0.000	0.000	423.288	74.075	3.527	*N/A*	*N/A*	7.055	*N/A*	0.000	352.740	3.810
14180	BEVERAGES,COFFEE,BREWED,BRKFAST BLEND	2.000	0.0000	0.0000	*N/A*	0.000	1.000	0.2300	0.000	0.000	*N/A*	0.300	*N/A*	0.000	2.000	0.020

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990300	Biscuit Dough, WG, 216/2.51oz,Pillsb ury, 132268	295.121	12.648	6.324	0.000	0.000	407.548	39.349	2.811	4.216	2.811	7.027	*N/A*	0.000	112.427	1.518
903365	Biscuit Stick Dough, Rich's, WG, 16317	310.411	14.110	8.466	0.000	0.000	1044.11 0	36.685	0.000	*N/A*	*N/A*	5.644	*N/A*	0.000	56.438	2.032
902283	Biscuit, Btrmlk, WG, Frz Dgh, 216/2.2oz BkCrt 1023	272.572	8.017	5.612	0.000	0.000	400.841	43.291	3.207	6.413	4.810	8.017	*N/A*	0.000	142.699	1.603
990361	Black Olives, sld, Arrezzio, 6/10, 22003	187.5	15.625	3.125	0.000	0.000	812.5	6.25	0.000	0.000	0.000	0.000	*N/A*	0.000	62.5	7.5
2030	Black Pepper, Sysco, 974502, 1LB	251.000	3.2600	1.3920	0.0000	0.000	20.000	63.9500	25.300	0.640	*N/A*	10.390	*N/A*	0.000	443.000	9.710
51371	Blueberries, Frozen, USDA 110624	51.280	0.6400	0.0500	0.0000	0.000	1.280	12.1800	2.820	*N/A*	*N/A*	0.410	*N/A*	2.560	7.690	0.180
51370	BLUEBERRIES, FROZEN, WILD, IQF	43.590	0.0000	0.0000	0.0000	0.000	0.000	10.4100	2.560	*N/A*	*N/A*	0.690	*N/A*	2.310	15.380	1.100
990345	Blueberries, raw	57.000	0.0000	0.0000	0.0000	0.000	1.000	15.0000	2.400	*N/A*	*N/A*	0.740	*N/A*	*N/A*	6.000	0.280
9163	BLUEBERRIES,DRI ED,SWTND	317.000	2.5000	0.2000	0.0000	0.000	3.000	80.0000	7.500	67.500	*N/A*	2.500	*N/A*	23.800	19.000	0.900
902220	Boli WG Strawberry, 96/3.4 oz, Tasty B, 53205	272.176	6.532	2.722	0.000	5.444	348.385	45.726	2.177	16.331	15.242	6.532	*N/A*	0.000	29.395	1.089

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18079	BREAD CRUMBS, DRY, GR ATED, PLN	395.000	5.3000	1.2030	*N/A*	0.000	732.000	71.9800	4.500	6.200	*N/A*	13.350	*N/A*	0.000	183.000	4.830
990281	Breadstick, Mozzarella, WG, 7" Bosco, 702110- 1120	259.914	7.426	3.713	0.000	18.565	334.175	30.942	2.475	2.475	*N/A*	14.852	*N/A*	0.000	261.151	2.475
900111	Breakfast Pizza, Bacon Scramble, Tony's, 128/2.95	259.914	11.139	4.332	0.000	74.261	408.436	28.467	2.475	6.188	2.475	12.377	*N/A*	0.000	198.029	1.857
990270	Breakfast Pizza, Ssg. Tony's, 63912, 128/3.31 oz	213.136	7.460	2.131	0.000	15.985	341.017	27.708	3.197	6.394	2.131	9.591	*N/A*	0.000	159.852	1.812
600003	Breakfast Pizza, 80/3.3 oz , Nardone, 80WS100	224.471	8.551	3.207	0.000	21.378	277.916	22.447	2.138	0.000	*N/A*	12.827	*N/A*	6.413	160.336	1.924
902231	Breakfast Wrap, Los Cabos, 97867, 72/2.5 oz	242.685	10.286	4.092	0.000	68.925	368.670	24.988	3.471	0.000	0.000	12.431	*N/A*	0.000	139.502	2.272
900332	Broccoli, Frozen, IQF, UDSA, 110473	35.274	0.000	0.000	0.000	0.000	23.516	5.879	3.527	*N/A*	*N/A*	3.527	*N/A*	35.274	0.000	0.000
11090	BROCCOLI, RAW	34.000	0.3700	0.0390	0.0000	0.000	33.000	6.6400	2.600	1.700	*N/A*	2.820	*N/A*	89.200	47.000	0.730
799936	BROCCOLI, RAW	34.000	0.3700	0.0390	*N/A*	0.000	33.000	6.6400	2.600	*N/A*	*N/A*	2.820	*N/A*	89.200	47.000	0.730
990342	Brown Rice, Uncle Ben, 25lb, 423510	375	3.125	0.000	0.000	0.000	0.000	79.167	4.167	0.000	0.000	8.333	*N/A*	0.000	8.333	1.167
990298	Brownie, IW, Buena Vista Foods, 96/2 oz, 82220	280.702	6.140	2.632	0.000	26.316	315.789	54.386	3.509	29.825	24.561	5.263	*N/A*	0.000	0.000	0.632

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11098	BRUSSELS SPROUTS,RAW	43.000	0.3000	0.0620	0.0000	0.000	25.000	8.9500	3.800	2.200	*N/A*	3.380	*N/A*	85.000	42.000	1.400
990439	Buffalo Chic Sandwich, 48/4.46 oz. Schwans, 55292	229.360	8.700	3.954	0.000	27.681	498.265	24.518	1.582	3.164	0.791	14.236	*N/A*	0.000	197.724	1.819
990424	Burrito egg, cheese, saus, LC 97867, 72/2.5 oz IW	242.685	10.286	4.092	0.000	68.925	368.670	24.988	3.471	0.000	*N/A*	12.431	*N/A*	0.000	139.502	2.272
903017	Burrito, Beef & Chz, Los Cabos, 94620, 96/4.75 oz	242.091	10.552	4.270	0.000	26.385	411.815	24.707	3.980	1.285	0.007	12.706	*N/A*	0.000	100.297	2.621
600415	Burrito, beef, chic, chz, Los Cabos, 96/4.44	238.338	9.534	3.575	0.000	27.806	405.174	24.628	3.972	0.000	*N/A*	13.506	*N/A*	0.000	121.552	2.876
990282	Burrito,Beef & Bean, Chili, Los Cabos, 94541	190.398	5.508	1.506	0.000	1067.717	274.059	26.537	5.223	0.000	*N/A*	10.704	*N/A*	0.970	48.149	2.442
799937	CABBAGE,CHINESE (PAK-CHOI),RAW	13.000	0.2000	0.0270	*N/A*	0.000	65.000	2.1800	1.000	*N/A*	*N/A*	1.500	*N/A*	45.000	105.000	0.800
11109	CABBAGE,RAW	25.000	0.1000	0.0340	0.0000	0.000	18.000	5.8000	2.500	3.200	*N/A*	1.280	*N/A*	36.600	40.000	0.470
903494	CABBAGE,RED, RAW	25.000	0.1000	0.0340	*N/A*	0.000	18.000	5.8000	2.500	*N/A*	*N/A*	1.280	*N/A*	36.600	40.000	0.470
11112	CABBAGE,RED,RAW	31.000	0.1600	0.0210	0.0000	0.000	27.000	7.3700	2.100	3.830	*N/A*	1.430	*N/A*	57.000	45.000	0.800
990443	Campbell's Cream of Chicken	7.055	0.423	0.071	0.000	0.000	52.911	0.635	0.000	0.000	0.000	0.141	*N/A*	*N/A*	*N/A*	*N/A*
990343	Canola/Olive oil 90/10, Arrezzio, 6/1gal, 65006	857.143	100	7.143	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	*N/A*	0.000	0.000	0.000

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990406	Carambola, Starfruit, raw	31.000	0.3300	0.0000	0.0000	0.000	2.000	6.7300	2.800	3.980	*N/A*	1.040	*N/A*	34.400	3.000	0.080
903270	CARROT, SLICED BULK	38.462	0.000	0.000	0.000	0.000	76.923	8.974	2.564	*N/A*	*N/A*	1.282	*N/A*	7.692	25.641	0.462
50482	Carrots Sliced, Frozen, Sysco 30 lb. 57440	36.990	0.6800	0.1200	0.0000	0.000	58.900	7.7300	3.290	*N/A*	*N/A*	0.580	*N/A*	2.330	35.620	0.530
990195	Carrots, shredded, 5lb, DOD	41.000	0.2400	0.0300	0.0000	0.000	69.000	9.5800	2.800	*N/A*	*N/A*	0.930	*N/A*	5.900	33.000	0.300
900377	Carrots, Snack Pkg, 2 oz	35.000	0.1300	0.0200	0.0000	0.000	78.000	8.2400	1.800	*N/A*	*N/A*	0.640	*N/A*	8.400	32.000	0.890
11960	CARROTS,BABY,RAW	35.000	0.1300	0.0230	0.0000	0.000	78.000	8.2400	2.900	4.760	*N/A*	0.640	*N/A*	2.600	32.000	0.890
990018	CARROTS,FRESH, RAW	41.000	0.2400	0.0300	*N/A*	0.000	69.000	9.5800	2.800	*N/A*	*N/A*	0.930	*N/A*	5.900	33.000	0.300
799938	CARROTS,RAW	41.000	0.2400	0.0400	0.0000	0.000	69.000	9.5800	2.800	*N/A*	*N/A*	0.930	*N/A*	5.900	33.000	0.300
602147	Catfish Strips, 40 lbs, 100201, USDA	164.024	8.818	1.764	0.000	176.370	308.647	10.582	0.000	0.000	*N/A*	14.110	*N/A*	0.000	0.000	0.635
11965	CAULIFLOWER,GREEN,RAW	31.000	0.3000	0.0470	0.0000	0.000	23.000	6.0900	3.200	3.030	*N/A*	2.950	*N/A*	88.100	33.000	0.730
990035	CELERY,FRESH,30 CT	14.000	0.1700	0.0400	*N/A*	0.000	80.000	2.9700	1.600	*N/A*	*N/A*	0.690	*N/A*	3.100	40.000	0.200
902182	Cereal, Cheerios, WG, Big G, 32262	352.740	7.055	0.000	0.000	0.000	493.836	74.075	10.582	3.527	3.527	14.110	*N/A*	81.130	1174.624	112.877
902184	Cereal, Cinnamon Toast Crunch, WGRS, Big G, 29444	352.740	8.818	0.000	0.000	0.000	564.384	77.603	14.110	21.164	21.164	3.527	*N/A*	70.548	1015.891	31.747

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902186	Cereal, Cocoa Puffs, WG, RS, Big G, 31888	423.288	5.291	0.000	0.000	0.000	440.925	88.185	7.055	28.219	28.219	7.055	*N/A*	84.658	352.740	9.524
903278	Cereal, Granola, Bulk, Fieldstone, 9799	438.596	12.281	1.754	0.000	0.000	315.789	75.439	7.018	*N/A*	*N/A*	8.772	*N/A*	0.000	35.088	1.895
902191	Cereal, Lucky Charms, WG, Big G, 31917	388.014	3.527	0.000	0.000	0.000	634.932	81.130	7.055	31.747	31.747	7.055	*N/A*	88.185	1269.864	35.274
903437	Cereal, Rice Chex, WG, Big G, 39121	388.014	1.764	0.000	0.000	0.000	811.302	84.658	3.527	7.055	7.055	7.055	*N/A*	81.130	1146.405	112.877
902192	Cereal, Trix, WG, Big G, 96/1 oz, 31922	388.014	3.527	0.000	0.000	0.000	564.384	81.130	7.055	21.164	21.164	7.055	*N/A*	12.699	282.192	12.699
799970	CHARD, SWISS, RAW	19.444	0.000	0.000	0.000	0.000	213.889	2.778	2.778	*N/A*	*N/A*	2.778	*N/A*	30	55.556	2
990465	Cheese Bites	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
601431	Cheese Cup, Tabatchnick, 96/3.65 oz., 99848	251.267	18.362	10.631	0.000	57.985	850.441	6.765	0.000	3.866	0.000	14.496	*N/A*	0.000	14.496	0.000
900186	Cheese Sauce, Alfredo, JTM, 5722	173.479	9.638	5.783	0.000	36.623	720.900	9.638	0.000	*N/A*	*N/A*	11.565	*N/A*	0.000	366.233	0.000
903382	Cheese Sauce, Cheddar, 6/5 lb, JTM, 5705	209.318	15.505	8.915	0.000	54.268	765.562	3.876	0.000	1.938	*N/A*	13.567	*N/A*	0.000	393.441	*N/A*
903469	Cheese Sauce, Queso Blanco, 6/5 lb. JTM, 5718	208.117	15.873	9.348	0.000	52.911	763.682	3.527	0.000	0.000	*N/A*	12.346	*N/A*	0.000	356.267	0.000

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903385	Cheese, American, Slcd, 480/30lb, LOL, 46288	246.918	14.110	8.818	0.000	52.911	740.754	7.055	0.000	0.000	*N/A*	24.692	*N/A*	0.000	694.898	0.000
900185	Cheese, Cheddar, Shredded, LOL, 41749	388.014	31.747	21.164	0.000	105.822	670.206	3.527	0.000	0.000	*N/A*	21.164	*N/A*	0.000	701.952	0.000
903387	Cheese, Mozzarella Shredded, LOL, 41698	317.466	21.164	12.346	0.000	52.911	634.932	3.527	0.000	0.000	*N/A*	24.692	*N/A*	0.000	723.117	0.000
990194	Cheese, Mozzarella Stick, LOL, 59701	282.192	21.164	14.110	0.000	70.548	705.480	7.055	0.000	0.000	*N/A*	21.164	*N/A*	0.000	698.425	0.000
902292	Cheese, Parmesan, Volare, 4/5 lb, 5514738	400	40	10	0.000	0.000	1700	0.000	0.000	0.000	0.000	20	*N/A*	0.000	480	0.000
903386	Cheese, Swiss, Slcd, LOL, 44261	380.952	33.333	19.048	0.000	95.238	190.476	0.000	0.000	0.000	0.000	28.571	*N/A*	0.000	890.476	0.000
1032	CHEESE,PARMESAN,GRATED	420.000	27.8400	15.3710	0.8760	86.000	1804.000	13.9100	0.000	0.070	*N/A*	28.420	*N/A*	0.000	853.000	0.490
600033	Cheesy Breadsticks, 105/4oz., S&F Foods, 088BC	229.281	8.818	3.968	0.000	22.046	370.377	25.574	1.764	0.000	*N/A*	12.346	*N/A*	0.000	220.462	1.587
902575	Cherries, Sweet, Frozen, USDA 110872	86.000	0.3800	0.0800	0.0000	0.000	1.000	22.1400	1.400	0.000	*N/A*	0.810	*N/A*	1.500	12.000	0.470
9070	CHERRIES,SWEET, RAW	63.000	0.2000	0.0380	0.0000	0.000	0.000	16.0100	2.100	12.820	*N/A*	1.060	*N/A*	7.000	13.000	0.360

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9044	CHERRIES,TART,D RIED,SWTND	333.000	0.7300	0.1460	0.0000	0.000	13.000	80.4500	2.500	67.150	*N/A*	1.250	*N/A*	19.300	38.000	0.680
902340	Cherry Apple Juice 70/6 oz. Ardmore Farms 42221	52.911	0.000	0.000	0.000	0.000	0.000	12.346	0.000	0.000	*N/A*	0.000	*N/A*	52.911	129.338	0.317
902234	Cherry, Maraschino Halve Monarch	200	0.000	0.000	0.000	0.000	0.000	40	0.000	*N/A*	*N/A*	0.000	*N/A*	0.000	0.000	0.000
903410	Chex Snack Mix, Choc Caramel, WG, Gen Mills, 31933	410.959	13.699	3.425	0.000	0.000	171.233	75.343	6.849	*N/A*	*N/A*	6.849	*N/A*	0.000	0.000	3.699
903239	Chicken Base, Minor, 6/1lb	300	20	0.000	0.000	0.000	2800	40	0.000	20	0.000	0.000	*N/A*	0.000	0.000	0.000
990383	Chicken Fillet, USDA 110921	143.975	3.599	0.000	0.000	93.584	316.746	0.000	0.000	0.000	*N/A*	28.795	*N/A*	0.000	0.000	0.000
902337	Chicken Patty, 107/20lb, W/D, Rich Chicks, 54463	211.644	10.582	2.352	0.000	23.516	493.836	14.110	3.527	0.000	*N/A*	14.110	*N/A*	0.000	37.626	2.469
602112	Chicken Poppers, Rich Chick, DM, 4/5lb, 94403	214.164	13.438	2.772	0.000	50.391	377.936	11.758	1.680	0.000	*N/A*	13.438	*N/A*	0.000	10.078	0.588
903473	Chicken Strips, USDA, Unseasoned, ckd, fzn, 110462	176.370	9.406	2.352	0.000	89.361	406.827	7.055	0.000	0.000	*N/A*	16.461	*N/A*	0.000	0.000	0.000
900278	Chicken Wing, Tyson, 034696- 0928, 6/5lb	272.727	22.078	5.844	0.000	123.377	324.675	1.299	0.000	0.000	0.000	18.182	*N/A*	0.000	0.000	0.468

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902196	Chicken, 8 cut, Roasted, GK, 8820	293.950	21.164	5.879	0.000	105.822	599.658	0.000	0.000	0.000	*N/A*	25.868	*N/A*	2.822	23.516	1.270
990328	Chicken, Bkft, slider, 214/1.5 oz., W/D, RC, 54411	211.644	10.582	2.352	0.000	23.516	493.836	14.110	2.352	0.000	*N/A*	14.110	*N/A*	0.000	37.626	2.587
990350	Chicken, Cherry Blossom, Asian Foods, WG,72005	180.892	3.618	0.904	0.000	40.701	316.561	24.420	1.809	0.000	*N/A*	11.758	*N/A*	2.171	0.000	1.140
900694	Chicken, Cut-up, 8 pc, raw, fzn, USDA, 100098	194.007	11.640	2.152	0.000	84.658	81.130	0.000	0.000	0.000	*N/A*	29.277	*N/A*	0.000	14.110	1.058
50420	Chicken, Diced, Ckd, IQF, Fzn, USDA, 100101	153.570	4.1400	1.1800	0.0000	92.860	46.430	0.0000	0.000	*N/A*	*N/A*	30.710	*N/A*	0.000	0.000	1.290
903428	Chicken, Nuggets, W/D, Rich Chicks, 54410	211.644	10.582	2.352	0.000	23.516	493.836	14.110	3.527	0.000	*N/A*	14.110	*N/A*	0.000	37.626	2.587
990356	Chicken, Patty, MWWM, Rich Chicks, 54486	196.441	7.687	1.708	0.000	36.726	295.516	15.374	1.281	0.000	*N/A*	16.228	*N/A*	0.000	10.249	1.281
900190	Chicken, Patty, Spicy, MWWM, Rich Chicks, 54496	194.091	8.439	1.688	0.000	43.038	291.981	11.814	0.844	0.000	*N/A*	16.034	*N/A*	0.000	101.265	1.266
990463	Chicken, Pulled, USDA	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
601308	Chicken, sausage patties, 234/1.37oz, RC, 81401	115.863	3.862	0.000	0.000	77.242	514.949	0.000	0.000	0.000	0.000	18.023	*N/A*	0.000	0.000	0.000

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903480	Chicken, Sriracha Honey, WG, Asian Foods, 72013	189.937	5.427	0.904	0.000	45.223	162.803	21.707	0.904	0.000	*N/A*	10.854	*N/A*	1.085	18.089	0.651
903219	Chicken, Tangerine, WG, 176/3.9 oz, IFS, 72001	171.848	3.618	0.904	0.000	40.701	34.370	22.612	1.809	*N/A*	*N/A*	12.662	*N/A*	0.000	0.000	1.302
902200	Chicken, Tenders, W/D, Rich Chicks, 54453	211.644	10.582	2.352	0.000	23.516	493.836	14.110	3.527	0.000	*N/A*	14.110	*N/A*	0.000	37.626	2.587
990391	Chicken, White Meat, Canned, 100877	134.041	7.055	0.000	0.000	81.130	504.418	0.000	0.000	*N/A*	*N/A*	21.164	*N/A*	*N/A*	*N/A*	*N/A*
601743	Chicken, WM, Boneless Wings, Rich Chicks, 23403	185.880	6.916	1.297	0.000	45.822	384.729	12.968	1.729	0.000	*N/A*	17.291	*N/A*	0.000	11.239	0.865
601307	Chicken, WM, Breaded Fillet, Rich Chicks, 13408	184.603	6.933	1.300	0.000	45.934	340.606	13.000	1.733	0.000	*N/A*	17.334	*N/A*	0.000	11.267	0.867
990357	Chicken, Tender, Spicy, MWWM, Rich Chicks, 54497	188.462	8.339	1.668	0.000	43.363	291.865	11.675	1.251	0.000	*N/A*	15.844	*N/A*	0.000	10.007	1.251
2009	Chili Powder, Sysco, 974250, 18 oz.	282.000	14.2800	2.4620	0.0000	0.000	2867.000	49.7000	34.800	7.190	*N/A*	13.460	*N/A*	0.700	330.000	17.300
903295	Chip, Cool Ranch, Doritos, 36096	458.562	17.637	3.527	0.000	0.000	564.384	67.021	7.055	*N/A*	*N/A*	7.055	*N/A*	0.000	141.096	1.270
903292	Chip, Flamin Hot Cheetoos, PepsiCo, 21912	453.523	17.637	2.520	0.000	0.000	705.480	65.509	5.039	0.000	*N/A*	10.078	*N/A*	0.000	0.000	3.628

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903289	Chip, Nacho Chz, Doritos, Frito-Lay, 31748	458.562	17.637	1.764	0.000	0.000	705.480	70.548	7.055	*N/A*	*N/A*	7.055	*N/A*	0.000	0.000	1.270
903449	Chip, Tostitos, bkd, Pepsico, 42537	443.444	10.078	0.000	0.000	0.000	503.914	76.595	4.031	0.000	*N/A*	8.063	*N/A*	0.000	120.939	1.209
903290	Chip, Chili Chz Fantastix, Cheetos, PepsiCo, 36098	458.562	17.637	3.527	0.000	0.000	705.480	67.021	7.055	*N/A*	*N/A*	7.055	*N/A*	0.000	0.000	2.540
903288	Chips, BBQ Potato Crisp, Lay's, PepsiCo, 32078	443.444	12.094	0.000	0.000	0.000	564.384	76.595	4.031	8.063	*N/A*	8.063	*N/A*	4.838	0.000	0.000
903287	Chips, Potato Crisp, Lay's, PepsiCo, 33625	443.444	12.094	0.000	0.000	0.000	564.384	76.595	4.031	4.031	*N/A*	8.063	*N/A*	4.838	0.000	0.000
990022	Chocolate Chips, Semi-Sweet, Sysco, 25lb	466.667	26.667	16.667	0.000	0.000	0.000	66.667	6.667	53.333	53.333	6.667	*N/A*	0.000	0.000	2.4
900748	Chocolate Filled Crescent, IW, WG, Pillsbury, 49979	352.740	12.269	3.067	0.000	0.000	414.086	56.745	3.067	15.337	*N/A*	9.202	*N/A*	0.000	30.673	2.208
990094	Ciabatta Bread, Pillsbury, 137738	333.143	5.879	0.980	0.000	0.000	293.950	56.830	5.879	1.960	*N/A*	11.758	*N/A*	0.000	0.000	3.527
799968	Cilantro Leaves	0.000	0.0000	0.0000	*N/A*	0.000	0.000	0.0000	0.000	*N/A*	*N/A*	0.000	*N/A*	0.000	1250.000	0.000
990005	CILANTRO, RAW	24.000	0.4800	0.0100	*N/A*	0.000	54.000	4.3400	2.810	*N/A*	*N/A*	2.020	*N/A*	35.300	67.000	1.680
902686	Cinnamon Grahams, 192/1 oz, Remy's, 03114N	464.286	16.071	0.000	0.000	0.000	178.571	75	3.571	0.000	*N/A*	7.143	*N/A*	*N/A*	7.143	21.429

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900130	Cinnamon Roll, WG, Hadley Farms, 1674IW, 1.5 oz	305.708	9.406	2.352	0.000	0.000	305.708	51.735	4.703	18.813	*N/A*	7.055	*N/A*	0.000	47.032	1.693
2010	Cinnamon, Sysco, 974425, 18 oz.	247.000	1.2400	0.3450	0.0000	0.000	10.000	80.5900	53.100	2.170	*N/A*	3.990	*N/A*	3.800	1002.000	8.320
990330	Clear Square Container - 235225	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	*N/A*	*N/A*	0.000	*N/A*	0.000	0.000	0.000
903485	Clear Square Container 235851	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	*N/A*	*N/A*	0.000	*N/A*	0.000	0.000	0.000
2011	CLOVES,GROUND	274.000	13.0000	3.9520	0.2540	0.000	277.000	65.5300	33.900	2.380	*N/A*	5.970	*N/A*	0.200	632.000	11.830
903359	Cocoa Cherry Bar, WG, Zee's, ZCH100	320.673	8.017	3.207	0.000	0.000	88.185	59.324	9.620	*N/A*	*N/A*	4.810	*N/A*	0.000	32.067	28.861
19165	Cocoa Powder, chocolate, Hershey, 63505	228.000	13.7000	8.0700	*N/A*	0.000	21.000	57.9000	37.000	1.750	*N/A*	19.600	*N/A*	0.000	128.000	13.860
990048	COCONUT MEAT,DRIED,SWE ETEND,SHREDDE D	464.286	25	21.429	0.000	3.571	17.857	60.714	14.286	*N/A*	*N/A*	0.000	*N/A*	0.000	0.000	0.000
11164	Collard Greens, Fzn, Chp, Monarch,132620 6	36.000	0.4100	0.0600	0.0000	0.000	50.000	7.1000	2.800	0.570	*N/A*	2.970	*N/A*	26.400	210.000	1.120
900144	Cool Muffin, Apple, WG, 30720	293.950	9.798	1.960	0.000	68.588	146.975	45.072	3.919	*N/A*	*N/A*	5.879	*N/A*	0.000	39.193	1.411
990315	Cool Muffin, Cinnamon WG, 30921	293.950	9.798	1.960	0.000	68.588	225.362	45.072	3.919	*N/A*	*N/A*	5.879	*N/A*	0.000	39.193	2.116

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990449	Cool Tropics, Berry Blue, 16002, 60/4 oz.	70.548	0.000	0.000	0.000	0.000	9.700	16.755	0.000	13.228	0.000	0.000	*N/A*	52.911	0.000	0.000
990450	Cool Tropics, Strawberry Kiwi, 12002-R4 60/4 oz.	52.911	0.000	0.000	0.000	0.000	13.228	13.228	0.000	10.582	0.000	0.000	*N/A*	52.911	0.000	0.317
600532	Corn Dog Nuggets, 10 lb, HOR, 20452	219.298	8.772	2.193	0.000	52.632	307.018	26.316	2.632	0.000	*N/A*	8.772	*N/A*	1.053	87.719	1.579
900265	Corn Dog Pups, 10lb, Foster Farms, 96086	238.099	10.582	3.086	0.000	35.274	361.558	26.455	4.409	0.000	*N/A*	8.818	*N/A*	0.000	132.277	1.587
903366	Corn Dog, Chicken, Foster Farms, 95150	211.644	7.055	2.205	0.000	35.274	343.921	26.455	4.409	4.409	*N/A*	7.937	*N/A*	0.000	70.548	1.587
601976	Corn Dog, Foster Farms, 95150, 72/4 oz.	211.644	7.937	2.205	0.000	35.274	414.469	26.455	1.764	7.055	6.173	7.937	*N/A*	0.000	88.185	1.323
990074	Corn Dog, Turkey, Don Lee, 72/4 oz, CN84072	225.754	8.289	2.205	0.000	33.510	600.540	25.485	2.381	7.496	0.000	12.346	*N/A*	0.000	27.337	1.587
902235	Corn Starch, Sysco, 24/1lb	350	0.000	0.000	0.000	0.000	0.000	90	0.000	0.000	0.000	0.000	*N/A*	0.000	0.000	0.000
50536	CORN, CANNED, WHOLE KERNEL (LIQUID PACK), LOW	80.490	1.0000	0.1600	0.0000	0.000	170.730	18.5900	1.950	*N/A*	*N/A*	2.620	*N/A*	8.540	4.880	0.870
799954	CORN, CANNED, WHOLE KERNEL (LIQUID PACK), LOW	80.490	1.0000	0.1600	0.0000	0.000	170.730	18.5900	1.950	*N/A*	*N/A*	2.620	*N/A*	8.540	4.880	0.870

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990410	Corn, sweet, yellow, frozen, kernels cut off cob	88.000	0.7800	0.1190	0.0000	*N/A*	3.000	20.7100	2.100	2.500	*N/A*	3.020	*N/A*	6.400	4.000	0.420
50486	Corn, Whole Kernel, Fzn, USDA 30 lb, 100348	80.490	0.6700	0.1000	0.0000	0.000	1.220	19.3000	2.440	*N/A*	*N/A*	2.550	*N/A*	3.540	2.440	0.480
50390	Cornmeal, Enrd, Quaker Foods, 8/5lb, 573768	369.180	1.7900	0.1900	0.0000	0.000	6.920	79.1500	4.030	*N/A*	*N/A*	7.250	*N/A*	0.000	3.140	4.320
20027	CORNSTARCH, MONARCH, 884686	381.000	0.0500	0.0090	*N/A*	0.000	9.000	91.2700	0.900	0.000	*N/A*	0.260	*N/A*	0.000	2.000	0.470
990376	Cracker, Cheez-It, Kellogg's, 79263, 175/0.75oz	470.320	16.461	4.703	0.000	23.516	705.480	65.845	4.703	0.000	0.000	9.406	*N/A*	0.000	470.320	3.386
900289	Cracker, Goldfish, Chdr, P Farm, 300/0.75oz, 18105	470.320	18.813	2.352	0.000	0.000	799.544	65.845	4.703	*N/A*	*N/A*	9.406	*N/A*	0.000	94.064	1.693
600327	Cracker, Goldfish, Colors, Campbell's FS, 04788	470.320	16.461	2.352	0.000	42.329	799.544	65.845	4.703	0.000	*N/A*	9.406	*N/A*	0.000	0.000	3.386
900233	Cracker, Goldfish, Prtzl, P Farm, 300/0.75z, 14396	423.288	7.055	0.000	0.000	0.000	940.640	75.251	4.703	0.000	0.000	9.406	*N/A*	0.000	0.000	3.386
902207	Cracker, Honey Graham, Kellogg, 150/3ct, 1822	409.091	11.364	0.000	0.000	0.000	409.091	77.273	4.545	22.727	22.727	9.091	*N/A*	16.364	0.000	12.273

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600276	Cracker, Mickey Mouse, 300/.75 Campbell's, 27516	470.320	16.461	2.352	0.000	0.000	752.512	65.845	4.703	0.000	*N/A*	9.406	*N/A*	0.000	0.000	3.386
990397	Craisins, Orange, Ocean Spray, 22545	334.495	0.000	0.000	0.000	0.000	0.000	85.144	9.123	0.000	*N/A*	0.000	*N/A*	0.000	0.000	0.000
903482	Craisins, Strawberry, Ocean Spray, 23445	334.495	0.000	0.000	0.000	0.000	0.000	85.144	9.123	0.000	*N/A*	0.000	*N/A*	0.000	0.000	0.000
990398	Craisins, Watermelon, Ocean Spray, 22044	334.495	0.000	0.000	0.000	0.000	0.000	85.144	9.123	0.000	*N/A*	0.000	*N/A*	0.000	0.000	0.000
990403	Cranberries, dried, IW, USDA 110723	334.495	0.000	0.000	0.000	0.000	0.000	85.144	9.123	72.981	0.000	0.000	*N/A*	0.000	0.000	0.000
9081	CRANBERRY SAU,CND,SWTND, OCEANSPRAY, 1401	159.000	0.1500	0.0070	0.0000	0.000	5.000	40.4000	1.100	31.750	*N/A*	0.900	*N/A*	1.000	3.000	0.410
990344	Cream Cheese, Philadelphia, 0.75, 10942	211.644	18.813	11.758	0.000	70.548	446.804	4.703	0.000	0.000	*N/A*	9.406	*N/A*	0.000	94.064	0.000
601551	Croissant, WG, 144/2.2 oz. Tasty Brands, 20522WG	336.706	14.430	3.207	0.000	0.000	208.437	44.894	4.810	6.413	4.810	8.017	*N/A*	0.000	16.034	6.413
900501	Croissant, WG, 2.2 oz, Hadley Farms, 139	306.452	12.903	5.645	0.000	8.065	435.484	41.935	3.226	4.839	*N/A*	8.065	*N/A*	0.000	96.774	2.323

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900502	Croissant, WG, 210/1.25 oz, Hadley Farms, 134	310.411	12.699	5.644	0.000	0.000	423.288	42.329	2.822	0.000	*N/A*	8.466	*N/A*	0.000	56.438	2.032
990374	Crouton, seasoned, Fresh Gourmet, 74470	428.571	14.286	0.000	0.000	0.000	1428.571	71.429	0.000	0.000	*N/A*	14.286	*N/A*	*N/A*	*N/A*	*N/A*
990088	Croutons, Homestyle, Bulk, Marzetti, 85360	500	28.571	0.000	0.000	0.000	928.571	57.143	14.286	0.000	0.000	14.286	*N/A*	0.000	0.000	0.000
799964	CRUSHED PINEAPPLE IN PINEAPPLE JUICE	57.370	0.0000	0.0000	*N/A*	0.000	8.190	13.9300	0.820	*N/A*	*N/A*	0.360	*N/A*	9.830	0.000	0.290
11205	CUCUMBER,W/PE EL,RAW	15.000	0.1100	0.0370	0.0000	0.000	2.000	3.6300	0.500	1.670	*N/A*	0.650	*N/A*	2.800	16.000	0.280
799902	Cumin, Sysco, 974266, 14 oz.	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	*N/A*	0.000	0.000	0.000
2015	CURRY POWDER	325.000	14.0100	1.6480	0.0000	0.000	52.000	55.8300	53.200	2.760	*N/A*	14.290	*N/A*	0.700	525.000	19.100
902312	Dill Pickles, 4/1gal, Sysco, 02315	0.000	0.000	0.000	0.000	0.000	811.302	0.000	0.000	0.000	0.000	0.000	*N/A*	0.000	70.548	0.000
2045	DILL WEED,FRSH	43.000	1.1200	0.0600	0.0000	0.000	61.000	7.0200	2.100	*N/A*	*N/A*	3.460	*N/A*	85.000	208.000	6.590
990319	Donut Hole, 9.84/0/41 oz., Rich's, 2725	400	21.818	9.091	0.000	0.000	436.364	43.636	3.636	0.000	*N/A*	7.273	*N/A*	0.000	0.000	1.309
900188	Donut, ready to finish, yeast, WG, Rich's, 14839	405.797	23.188	10.145	0.000	0.000	434.783	43.478	4.348	0.000	*N/A*	7.246	*N/A*	0.000	0.000	1.043
990185	Donut, WG,80/3oz Super Bakery, 19100	282.192	9.406	2.939	0.000	0.000	364.498	44.680	2.352	22.340	*N/A*	5.879	*N/A*	0.000	94.064	0.381

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No.	Description	Calories ¹ (kcal)	Total Fat (g)	Sat. Fat¹ (g)	Trans Fat (g)	Chol (mg)	Sodium m¹ (mg)	Carbs (g)	Fiber (g)	Total Sugars (g)	Added Sugars (g)	Protein (g)	Vitamin A (RAE)	Vitamin C (mg)	Calcium (mg)	Iron (mg)
903390	Dough, 6" sub roll, Rich's, 180/2.4oz., 11782	235.160	4.409	0.000	0.000	0.000	264.555	42.623	4.409	0.000	*N/A*	8.818	*N/A*	8.818	264.555	0.529
902411	Dough, biscuit, South 216/2.2oz, Pillsbury, 106252	336.706	9.620	7.215	0.000	0.000	464.975	44.894	3.207	3.207	3.207	8.017	*N/A*	0.000	86.582	4.810
990097	Dressing, Italian Lite, Ken's, 4/1 Gal, KE801	133.333	11.667	1.667	0.000	0.000	900	6.667	0.000	6.667	6.667	0.000	*N/A*	0.000	0.000	0.000
900264	Dressing, Lite Ranch, Ken's, 4/1 gal, KE708	233.333	23.333	3.333	0.000	16.667	833.333	3.333	0.000	3.333	3.333	3.333	*N/A*	0.000	0.000	0.000
990162	Dressing, Mandarin Orange, Ken's, 4/1 gal, KE0512	468.75	37.5	6.25	0.000	0.000	359.375	28.125	0.000	28.125	0.000	0.000	*N/A*	0.000	0.000	0.000
902226	Dressing, Oriental Sesame, Gal	300	15	1.667	0.000	0.000	1066.667	40	0.000	*N/A*	*N/A*	0.000	*N/A*	0.000	0.000	0.000
901409	Dry Mustard, Sysco, 974297, 1LB	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	*N/A*	0.000	0.000	0.000
903128	Dutch Waffle, JJ Snack, 4521	361.446	15.663	3.614	0.000	24.096	421.687	51.807	3.614	14.458	*N/A*	4.819	*N/A*	0.000	48.193	2.169
990440	Early Riser, McCain, 130/3 oz, 10772	270.434	12.934	4.703	0.000	82.306	529.110	28.219	3.527	1.176	1.176	9.406	*N/A*	0.000	129.338	1.529
902501	Egg Baked Bites, Sunny Fresh, 40265, 200/2 oz	211.644	15.873	4.409	0.000	229.281	335.103	5.291	1.764	0.000	*N/A*	10.582	*N/A*	0.000	70.548	1.270
900244	Egg Noodles, Roseli, 537126, 2/10 lb	357.143	0.000	0.000	0.000	0.000	0.000	73.214	3.571	0.000	*N/A*	12.5	*N/A*	0.000	0.000	3.214

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601447	Egg Patty, USDA, 300/1.25 oz, 110931	197.534	16.932	3.527	0.000	352.740	310.411	2.822	0.000	0.000	*N/A*	8.466	*N/A*	0.000	0.000	0.000
900376	Eggs, Hard Cooked Peeled, Sunny Fresh, 50038	155.556	11.111	3.333	0.000	377.778	122.222	2.222	0.000	0.000	*N/A*	13.333	*N/A*	0.000	48.889	2.222
900124	Eggs, Liquid whole, frz, Sunny Fresh, 10085	140	9	3	0.000	420	130	2	0.000	0.000	*N/A*	12	*N/A*	0.000	40	1.44
903324	Eggs, omelet, 225/2.1 oz., Sunny Fresh, 40176	184.769	13.438	5.879	0.000	277.153	386.334	1.680	0.000	0.000	*N/A*	13.438	*N/A*	0.000	161.253	1.680
900123	Eggs, Scmbd Patty, 369/1.25oz Sunny Fresh, 40710	126.986	9.877	2.822	0.000	324.521	324.521	2.822	0.000	0.000	*N/A*	8.466	*N/A*	0.000	53.616	1.016
601514	Eggs, Tac-Go, cheese, IW, Sunny Fresh, 40375	204.817	11.379	4.551	0.000	193.438	489.284	15.930	0.000	0.000	*N/A*	11.379	*N/A*	0.000	127.442	1.138
990302	Eggs, Tac-Go, ham & cheese, IW, Sunny Fresh, 40263	189.532	9.477	3.685	0.000	215.856	421.182	15.794	2.106	0.000	*N/A*	10.530	*N/A*	0.000	105.295	0.758
900324	English Muffin, WG, Bake Crafters, 802	211.644	2.646	0.000	0.000	0.000	476.199	37.038	1.764	0.000	*N/A*	10.582	*N/A*	0.000	158.733	2.540
799962	FIESTA MEXICAN LASAGNA	97.080	1.5100	0.1900	0.0000	0.370	156.530	19.2100	3.450	3.690	*N/A*	3.210	*N/A*	5.750	44.270	0.870
799987	FINE SEA SALT	0.000	0.0000	0.0000	*N/A*	0.000	39000.0 00	0.0000	0.000	*N/A*	*N/A*	0.000	*N/A*	0.000	0.000	0.000

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900203	Fish, Pollock, Wedge, 44/3.6 oz., Trident, 422072	186.168	9.798	0.980	0.000	39.193	254.757	13.718	0.980	0.000	*N/A*	12.738	*N/A*	1.176	19.597	3.919
902439	Flat bread, 192/2.2 oz, WG, Rich's, 14010	288.605	8.017	1.603	0.000	0.000	529.110	44.894	4.810	3.207	*N/A*	9.620	*N/A*	0.000	32.067	2.822
990404	Flat Bread, 4" maple, 192/1.1 oz, Richs, 17279	352.740	12.827	4.810	0.000	0.000	336.706	51.308	3.207	0.000	*N/A*	6.413	*N/A*	0.000	32.067	2.245
990381	Flat bread, 4" round, 192/1 oz, WG, Rich's, 00828	273.000	6.3700	1.1900	0.0000	0.400	516.000	44.5800	4.250	3.200	*N/A*	9.300	*N/A*	0.000	40.290	2.500
990288	Flour, All Purpose, Enriched, Sysco, 50lb, 23936	366.667	1.667	0.000	0.000	0.000	0.000	73.333	3.333	0.000	0.000	10	*N/A*	0.000	0.000	4.333
20080	Flour, Whole Wheat, Stone Ground, 50lb, 580720000	340.000	2.5000	0.4300	*N/A*	0.000	2.000	71.9700	10.700	0.410	*N/A*	13.210	*N/A*	0.000	34.000	3.600
903404	French Toast, Mini, Eggo, Original	232.832	5.821	1.746	0.000	0.000	279.398	43.074	3.492	*N/A*	*N/A*	4.657	*N/A*	0.000	116.416	3.143
990408	Fresh Green Beans	29.000	0.0000	0.0000	0.0000	0.000	6.000	7.0600	3.500	1.180	*N/A*	2.350	*N/A*	17.600	47.000	0.850
990459	Fresh Lime Juice	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990363	Fries, Crispy Seasoned, McCain, MCX04717, 30 lb	141.096	4.703	0.588	0.000	0.000	176.370	21.164	1.176	0.000	0.000	2.352	*N/A*	0.000	11.758	0.470

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903260	Frittata, sausage/ch, 225/2.2oz Sunny Fresh, 40184	176.370	12.827	4.810	0.000	280.589	481.009	1.603	0.000	0.000	*N/A*	12.827	*N/A*	0.000	96.202	1.154
50356	Fruit, Apples, Can, Unsweet, Sliced, water	28.570	0.0000	0.0000	0.0000	0.000	3.970	7.1400	0.790	*N/A*	*N/A*	0.000	*N/A*	0.950	0.000	1.140
2020	Garlic Powder, Sysco, 900010605, 21 oz	331.000	0.7300	0.2490	0.0000	0.000	60.000	72.7300	9.000	2.430	*N/A*	16.550	*N/A*	1.200	79.000	5.650
799939	Garlic, chopped, Sysco, 6/32oz, 140036	0.000	0.000	0.000	0.000	0.000	0.000	20	0.000	0.000	0.000	0.000	*N/A*	0.000	0.000	0.000
11215	Garlic, Cloves	149.000	0.5000	0.0890	0.0000	0.000	17.000	33.0600	2.100	1.000	*N/A*	6.360	*N/A*	31.200	181.000	1.700
19172	GELATIN DSSRT, DRY MIX	381.000	0.0000	0.0000	*N/A*	0.000	466.000	90.5000	0.000	86.040	*N/A*	7.800	*N/A*	0.000	3.000	0.130
990331	Gelatin, US Foods	61.729	0.000	0.000	0.000	0.000	74.957	14.991	0.000	14.991	*N/A*	0.882	*N/A*	13.228	0.000	0.000
990421	Glazed Dunkin Stiks, Super Bakery, 7012, 60/3.2 oz	330.694	11.023	4.409	0.000	0.000	396.832	52.911	3.307	0.000	*N/A*	5.512	*N/A*	0.000	45.195	2.205
900292	Graham Crkr, Choco Bear WG, MJM, 402001	388.014	10.582	10.582	0.000	0.000	352.740	74.075	7.055	24.692	*N/A*	7.055	*N/A*	0.000	56.438	10.582
902275	Graham Crkr, Waffle, Stwbry, WG, MJM, 405001	388.014	10.582	10.582	0.000	0.000	335.103	74.075	3.527	24.692	*N/A*	7.055	*N/A*	12.699	70.548	6.349
990274	Graham, Apple Cinnamon Bear, MJM, 403001	423.288	12.346	1.764	0.000	0.000	352.740	74.075	7.055	24.692	*N/A*	3.527	*N/A*	12.699	7.055	35.274

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990333	Graham, Vanilla Bear, MJM, 404001	423.288	12.346	1.764	0.000	0.000	335.103	70.548	7.055	21.164	*N/A*	7.055	*N/A*	0.000	45.856	7.055
799988	GRAINED DIJON MUSTARD-FRANCE	100.000	10.0000	0.0000	*N/A*	0.000	2100.000	0.0000	0.000	*N/A*	*N/A*	0.000	*N/A*	0.000	0.000	0.000
903367	Granola Bar, Cookies & Cream, 125/1.37 oz, 56586	386.212	10.299	2.575	0.000	0.000	347.590	74.668	2.575	0.000	*N/A*	5.149	*N/A*	0.000	0.000	0.000
990158	Granola, Kelloggs, 4/50 oz., 137914	373.090	4.240	0.848	0.000	0.000	228.942	83.097	8.479	22.046	*N/A*	8.479	*N/A*	0.000	33.917	7.631
799903	Granulated Garlic, Sysco, 6/25oz. 974506	0.000	0.000	0.000	0.000	0.000	0.000	125	0.000	0.000	0.000	0.000	*N/A*	0.000	0.000	0.000
902368	Grape juice, 70/6 oz, Ardmore Farms, 42213	76.427	0.000	0.000	0.000	0.000	11.758	18.813	0.000	0.000	*N/A*	0.000	*N/A*	0.000	11.758	0.588
900311	Grape Tomatoes	27.000	0.6300	0.0000	0.0000	0.000	6.000	5.5100	2.100	0.000	*N/A*	0.830	*N/A*	27.200	11.000	0.330
990042	Grapes, Fresh	71.429	0.278	0.090	0.000	0.000	11.905	18.254	0.794	*N/A*	*N/A*	0.000	*N/A*	0.952	15.873	0.000
990420	Gravy Mix, Poultry, Knorr, 6/1 84129467	500	1	0.000	0.000	0.000	2600	100	0.000	0.000	*N/A*	20	*N/A*	0.000	0.000	0.000
903400	Gravy, Beef, Custom Culinary, 8/12z, 17629CPANZ	300	0.000	0.000	0.000	0.000	6400	60	0.000	0.000	*N/A*	0.000	*N/A*	0.000	0.000	0.000
903399	Gravy, Poultry, Custom Culinary, 8/12oz, 17839CPAN	300	0.000	0.000	0.000	0.000	6400	60	0.000	*N/A*	*N/A*	20	*N/A*	0.000	0.000	0.000

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990451	Green Beans, Fzn, Paris Foods, 20LB	33.000	0.2100	0.0000	0.0000	0.000	3.000	7.5000	2.600	0.000	0.000	1.800	*N/A*	4.120	48.530	0.870
900374	Green Onion	42.329	0.000	0.000	0.000	0.000	21.164	10.582	3.527	*N/A*	*N/A*	0.000	*N/A*	21.164	0.000	0.000
990351	Green Peas, Frz, Sysco 12/2.5lb78488	78.652	0.000	0.000	0.000	0.000	0.000	13.483	4.494	6.742	0.000	5.618	*N/A*	11.461	0.000	0.000
11313	Green Peas, Sysco, 12/2.5lb, 78488	78.000	0.2700	0.0490	0.0000	0.000	72.000	14.2600	4.500	4.400	*N/A*	5.150	*N/A*	9.900	24.000	1.520
600990	Grilled Cheese, IW, IFS, 72/4.19oz, 10800	235.511	8.149	4.538	0.000	25.567	504.578	26.586	2.526	0.000	*N/A*	15.709	*N/A*	0.000	384.133	1.355
990301	Grits, Quick, Enriched, Quaker, 4378	351.351	1.351	0.000	0.000	0.000	0.000	78.378	5.405	0.000	*N/A*	8.108	*N/A*	0.000	0.000	3.892
990327	Ground Beef, Raw, IQF, Miami Beef, 06525	269.846	17.637	7.055	0.000	88.185	74.075	0.000	0.000	0.000	*N/A*	24.692	*N/A*	0.000	17.637	2.222
990456	Gruyere Cheese, 2/7lb	388.014	31.747	21.164	0.000	88.185	458.562	3.527	0.000	0.000	0.000	28.219	*N/A*	0.000	779.555	0.000
990464	GUAVA PASTRY	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
799971	HALF & HALF FAT FREE	60.714	0.000	0.000	0.000	3.571	142.857	10.714	0.000	*N/A*	*N/A*	3.571	*N/A*	0.000	107.143	0.000
990324	Ham, 97% FF, Ckd, sliced, USDA, 100187	106.978	5.783	2.891	0.000	52.044	670.784	5.783	0.000	0.000	*N/A*	14.457	*N/A*	0.000	0.000	0.000
990310	Hamburger Bun, 100% WW, Flowers Foods, 136709	245.614	3.509	0.877	0.000	0.000	368.421	45.614	7.018	3.509	*N/A*	12.281	*N/A*	0.000	0.000	2.807

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901134	Hamburger Bun, K12, Flowers, 95933370	240.504	2.405	0.000	0.000	0.000	384.807	48.101	3.207	6.413	*N/A*	11.224	*N/A*	0.000	80.168	2.726
903388	Hamburger Bun, WG, BakeCrafters, 453	264.555	3.527	0.000	0.000	0.000	458.562	49.384	3.527	7.055	*N/A*	8.818	*N/A*	0.000	204.589	1.764
51396	HARVEST STEW	61.650	1.1200	0.1300	0.0100	6.550	28.590	9.0700	2.510	1.360	*N/A*	3.960	*N/A*	4.400	25.030	0.940
990455	Hawaiian Roll Dough, Rich's, 240/1.4 oz. 16206	277.153	5.039	2.520	0.000	12.598	453.523	45.352	2.520	10.078	10.078	10.078	*N/A*	0.000	25.196	2.268
601608	Hoagie Roll WG, Bake Crafter, 96/2oz, 2571	263.158	3.509	0.000	0.000	0.000	184.211	50.877	3.509	1.754	1.754	8.772	*N/A*	0.000	45.614	2.526
601232	Homestyle Mashed Potato, McCain, 6/4lb, OIF03613	91.712	2.822	0.705	0.000	3.527	275.137	14.110	3.527	0.705	*N/A*	1.411	*N/A*	0.000	14.110	0.254
901148	Honey, Sysco, 6/5lb, PF4102	285.714	0.000	0.000	0.000	0.000	0.000	80.952	0.000	0.000	0.000	0.000	*N/A*	0.000	0.000	0.000
990307	Hot Dog Bun, 100% WW, Flowers Foods, 136702	235.160	3.527	0.000	0.000	0.000	376.256	44.680	7.055	0.000	*N/A*	11.758	*N/A*	0.000	141.096	3.386
901135	Hot Dog Bun, K12, Flowers, 95933390	240.504	2.405	0.000	0.000	0.000	384.807	48.101	3.207	6.413	*N/A*	11.224	*N/A*	0.000	80.168	2.726
900180	Hush Puppies, Savannah Classics, 2/5lb, 10020	288.500	13.463	1.923	0.000	0.000	384.667	40.390	1.923	11.540	9.617	3.847	*N/A*	2.308	38.467	1.385

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903350	Ice Cream, Chocolate Short Cake	164.612	4.115	1.176	0.000	5.879	70.548	25.868	1.176	*N/A*	*N/A*	2.352	*N/A*	0.000	47.032	0.847
903349	Ice Cream, Sandwich	152.854	2.352	1.176	0.000	0.000	70.548	29.395	2.352	*N/A*	*N/A*	2.352	*N/A*	0.000	47.032	0.000
990448	Italian Combo IW, Tasty B. 70014, 72/4.5 oz.	227.321	9.406	3.919	0.000	35.274	713.318	22.732	1.568	3.135	0.000	14.110	*N/A*	4.703	1.568	195.183
990436	Jalapeno Peppers, Sysco 4/1gal, 20211	0.000	0.000	0.000	0.000	0.000	1642.857	3.571	0.000	0.000	0.000	0.000	*N/A*	0.000	0.000	0.000
902239	Jelly, Grape, Polaner, #10 can	263.158	0.000	0.000	0.000	0.000	26.316	68.421	0.000	*N/A*	*N/A*	0.000	*N/A*	0.000	0.000	0.000
902238	Jelly, Grape, Smuckers, 200/0.5oz. 0764	250	0.000	0.000	0.000	0.000	0.000	64.286	0.000	57.143	42.857	0.000	*N/A*	0.000	0.000	0.000
903415	Juice Cup, Sidekicks, Stawberry-Mango	64.135	0.000	0.000	0.000	0.000	36.076	16.034	0.000	*N/A*	*N/A*	0.000	*N/A*	48.101	64.135	0.289
903456	Juice, Alive, Coco Freeze	52.911	0.000	0.000	0.000	0.000	4.409	12.787	0.000	*N/A*	*N/A*	0.000	*N/A*	31.747	0.000	0.000
901334	juice, Lime, Key West, 4/1 gal, 20402	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	*N/A*	0.000	0.000	0.000
903228	Juice, MB, Green Apple	52.911	0.000	0.000	0.000	0.000	0.000	12.346	0.000	*N/A*	*N/A*	0.000	*N/A*	52.911	132.277	0.317
903374	Juice, MB, Apple 2849	52.911	0.000	0.000	0.000	0.000	0.000	12.346	0.000	*N/A*	*N/A*	0.000	*N/A*	52.911	0.000	0.000
903231	Juice, MB, Blue Raspberry	52.911	0.000	0.000	0.000	0.000	0.000	12.346	0.000	*N/A*	*N/A*	0.000	*N/A*	52.911	132.277	0.317
903375	Juice, MB, Grape 2649	70.548	0.000	0.000	0.000	0.000	0.000	16.755	0.000	*N/A*	*N/A*	0.000	*N/A*	52.911	132.277	0.000

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900274	Juice, MB, Orange	52.911	0.000	0.000	0.000	0.000	185.188	13.228	0.000	12.346	*N/A*	0.000	*N/A*	52.911	167.551	0.000
903464	Juice, MB, Straw/Kiwi, 6oz, Snack	52.911	0.000	0.000	0.000	0.000	0.000	12.346	0.000	*N/A*	*N/A*	0.000	*N/A*	52.911	129.338	0.317
903462	Juice, MB, Trop Blend, 6oz, Snack	52.911	0.000	0.000	0.000	0.000	5.879	12.934	0.000	*N/A*	*N/A*	0.000	*N/A*	52.911	117.580	0.212
903463	Juice, MB, Trop Splash, 6oz, Snack	52.911	0.000	0.000	0.000	0.000	0.000	12.346	0.000	*N/A*	*N/A*	0.000	*N/A*	52.911	129.338	0.317
11622	KALE,SCOTCH,RAW	42.000	0.6000	0.0780	0.0000	0.000	70.000	8.3200	1.700	*N/A*	*N/A*	2.800	*N/A*	130.000	205.000	3.000
602243	Ketchup House Recipe, HOUY59P, 6/114oz	117.647	0.000	0.000	0.000	0.000	941.176	29.412	0.000	23.529	23.529	0.000	*N/A*	0.000	0.000	0.000
902286	Ketchup, Red Gold, REDYL9G, 1000/9g	100	0.000	0.000	0.000	0.000	266.667	22.222	0.000	22.222	22.222	0.000	*N/A*	0.000	0.000	0.000
990399	Korean BBQ Sauce, JTM, 73400	179.897	0.000	0.000	0.000	0.000	680.788	42.329	0.000	35.274	*N/A*	0.000	*N/A*	0.000	17.637	0.000
18371	LEAVENING AGENTS,BAKING PDR,LOW-SODIUM	97.000	0.4000	0.0730	*N/A*	0.000	90.000	46.9000	2.200	0.000	*N/A*	0.100	*N/A*	0.000	4332.000	8.170
18372	LEAVENING AGENTS,BAKING SODA	0.000	0.0000	0.0000	*N/A*	0.000	27360.000	0.0000	0.000	0.000	*N/A*	0.000	*N/A*	0.000	0.000	0.000
18375	LEAVENING AGENTS,YEAST,BAKER'S,ACTIVE DRY	325.000	7.6100	1.0010	*N/A*	0.000	51.000	41.2200	26.900	0.000	*N/A*	40.440	*N/A*	0.300	30.000	2.170

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903293	Lemon Jucie Concentrate, Realemon, 10002636	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	*N/A*	*N/A*	0.000	*N/A*	12000	0.000	0.000
9152	LEMON JUICE,RAW	22.000	0.2400	0.0400	0.0000	0.000	1.000	6.9000	0.300	2.520	*N/A*	0.350	*N/A*	38.700	6.000	0.080
799975	Lemon Pepper, Sysco, 900010606 28 oz	0.000	0.000	0.000	0.000	0.000	31111.1 11	0.000	0.000	0.000	*N/A*	0.000	*N/A*	0.000	0.000	0.000
799974	LEMON, FRESH WHOLE	29.310	0.345	0.000	0.000	0.000	1.724	8.621	2.759	*N/A*	*N/A*	1.034	*N/A*	52.759	17.241	0.621
11251	Lettuce, Romaine, Raw, 24 ct	17.000	0.3000	0.0390	0.0000	0.000	8.000	3.2900	2.100	1.190	*N/A*	1.230	*N/A*	4.000	33.000	0.970
799940	LETTUCE,COS OR ROMAINE,RAW	17.000	0.3000	0.0390	*N/A*	0.000	8.000	3.2900	2.100	*N/A*	*N/A*	1.230	*N/A*	4.000	33.000	0.970
990460	lime zest	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
799981	LIMES,RAW	30.000	0.2000	0.0220	*N/A*	0.000	2.000	10.5400	2.800	*N/A*	*N/A*	0.700	*N/A*	29.100	33.000	0.600
990372	Mac & Cheese, Homestyle, JTM, 5758	164.024	6.467	3.763	0.000	21.164	452.683	17.637	0.588	0.000	*N/A*	8.818	*N/A*	0.588	220.462	0.588
990128	Mandarin Chicken, Yang's, 6/5lb, 15555-5	146.975	2.939	0.490	0.000	39.193	274.353	18.617	0.000	0.000	*N/A*	10.778	*N/A*	1.176	0.000	0.705
901345	Mandarin Oranges, #10 can, Dole, 4218	79.366	0.000	0.000	0.000	0.000	0.000	18.519	0.882	0.000	*N/A*	0.000	*N/A*	5.291	0.000	0.317
902169	Mandarin Oranges, Dole, 6/#10, 04218	81.301	0.000	0.000	0.000	0.000	0.000	19.512	0.813	16.260	12.195	0.813	*N/A*	5.691	24.390	0.293

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990287	Margarine, Liquid, Golden Sweet, 19513GNS, 6/1gal	714.286	78.571	14.286	0.000	0.000	785.714	0.000	0.000	0.000	0.000	0.000	*N/A*	0.000	0.000	0.000
600374	MaxStix, WG, ConAgra, 12602	274.150	10.966	5.483	0.000	27.415	584.854	31.070	1.828	1.828	*N/A*	14.621	*N/A*	0.000	328.980	1.645
990078	Mayonnaise, Lite, Kraft, 4/1gal, 643018	233.333	23.333	3.333	0.000	33.333	666.667	6.667	0.000	0.000	0.000	0.000	*N/A*	0.000	0.000	0.000
990120	Mayonnaise, SS, Heinz, 200/12g, 531709	666.667	66.667	12.5	0.000	41.667	666.667	8.333	8.333	0.000	0.000	0.000	*N/A*	0.000	0.000	0.000
9184	Melon, Honeydew, Fresh	36.000	0.1400	0.0380	0.0000	0.000	18.000	9.0900	0.800	8.120	*N/A*	0.540	*N/A*	18.000	6.000	0.170
903435	Milk, 1%, Gallon, TGLee	48.502	1.102	0.661	0.000	4.409	57.320	5.291	0.000	*N/A*	*N/A*	5.732	*N/A*	1.058	132.277	0.000
990054	Milk, 1%, TG Lee	48.502	1.102	0.661	0.000	4.409	57.320	5.732	0.000	0.000	*N/A*	3.527	*N/A*	1.058	132.277	0.000
1088	Milk, Buttermilk, 1/2 Gallon, TGLee	40.000	0.8800	0.5480	*N/A*	4.000	190.000	4.7900	0.000	4.790	*N/A*	3.310	*N/A*	1.000	116.000	0.050
990055	Milk, Chocolate, FF, TG Lee	52.911	0.000	0.000	0.000	2.205	79.366	8.818	0.000	*N/A*	*N/A*	3.527	*N/A*	1.058	132.277	0.000
903355	Milk, Fat-Free (skim), TG Lee	39.683	0.000	0.000	0.000	2.205	57.320	5.732	0.000	0.000	*N/A*	3.527	*N/A*	1.058	132.277	0.000
902333	Milk, Strawberry, FF, TG Lee	48.502	0.000	0.000	0.000	0.000	55.116	8.378	0.000	*N/A*	*N/A*	3.527	*N/A*	1.058	132.277	0.000
1212	MILK, DRY, WHL, W O/ ADDED VITAMIN D	496.000	26.7100	16.7420	*N/A*	97.000	371.000	38.4200	0.000	38.420	*N/A*	26.320	*N/A*	8.600	912.000	0.470
902327	Mini bagel, cin crm chz, WG, Pillsbury, 38399	348.385	8.710	3.629	0.000	14.516	261.289	59.516	2.903	*N/A*	*N/A*	8.710	*N/A*	0.000	29.032	2.090

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990442	Mini Cheese Pierogies, Mrs. T's, 13.75 lb, 00833	193.577	5.377	3.226	0.000	53.771	247.348	25.810	2.151	0.000	0.000	9.679	*N/A*	0.000	0.000	1.936
990452	Mini Donut Chocolate, Super B, 60/3 oz., 9302	317.466	14.110	5.879	0.000	0.000	305.708	44.680	4.703	16.461	15.285	5.879	*N/A*	0.000	37.626	2.352
903276	Mini Donut Powdered, Super B, 60/3 oz., 9300	329.224	14.110	5.291	0.000	0.000	270.434	49.384	2.352	24.692	23.516	4.703	*N/A*	0.000	37.626	2.352
902301	Mini Loaf, Apple Cinn, WG, Bake Crafters, 413	282.192	8.818	0.882	0.000	44.092	176.370	47.620	1.764	21.164	*N/A*	5.291	*N/A*	0.000	352.740	6.349
900128	Mini Loaf, Blueberry Bread, WG, Bake Crafters, 411	282.192	8.818	0.882	0.000	35.274	167.551	45.856	1.764	22.928	*N/A*	5.291	*N/A*	0.000	35.274	0.635
902302	Mini Loaf, Chocolate Chip, WG, Bake Crafter 1414	264.555	7.055	2.646	0.000	52.911	158.733	47.620	3.527	24.692	*N/A*	5.291	*N/A*	0.000	35.274	2.540
900444	Mini Marshmallows, 12/1, Kraft, 660768	333.333	0.000	0.000	0.000	0.000	83.333	83.333	0.000	0.000	*N/A*	3.333	*N/A*	0.000	0.000	0.000
601932	Mini Sweet Peppers	41.176	0.000	0.000	0.000	0.000	0.000	9.412	3.529	0.000	*N/A*	1.176	*N/A*	112.941	0.000	0.424
799918	MINT LEAVES, FRESH	45.000	0.8000	0.0500	*N/A*	0.000	29.000	8.3000	6.400	*N/A*	*N/A*	3.700	*N/A*	3.000	241.000	9.000
990313	MIX, GRAVY BROWN SHELF STABLE	300	0.000	0.000	0.000	0.000	6400	60	0.000	0.000	*N/A*	0.000	*N/A*	0.000	0.000	0.000

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990323	MIX, GRAVY BROWN SHELF STABLE	300	0.000	0.000	0.000	0.000	6400	60	0.000	0.000	*N/A*	20	*N/A*	0.000	0.000	0.000
990395	Mixed Berries, frz, cup, USDA, 110859	79.646	0.000	0.000	0.000	0.000	0.000	17.699	1.770	0.000	*N/A*	0.000	*N/A*	0.000	0.000	0.000
990041	Mixed Fruit, #10 can, USDA, 100212	48.101	0.000	0.000	0.000	0.000	4.008	12.025	0.802	0.000	*N/A*	0.000	*N/A*	0.962	16.034	0.000
902295	Muffin Blueberry, Otis Spunkmeyer, IW, WG,10143	333.333	10.526	3.509	0.000	52.632	228.070	52.632	3.509	0.000	*N/A*	5.263	*N/A*	0.000	52.632	2.632
990273	Muffin Choco Chip, Otis Spunkmeyer, IW WG 10145	333.333	10.526	3.509	0.000	61.404	228.070	57.895	3.509	0.000	*N/A*	5.263	*N/A*	0.000	70.175	2.632
990186	Muffin, WG Chocolate Chip, 3oz, IW, 60826	293.950	9.406	2.352	0.000	23.516	282.192	48.208	2.352	*N/A*	*N/A*	4.703	*N/A*	0.000	30.571	2.352
11938	MUSHROOM,WHI TE,EXPOSED TO UV LT,RAW	22.000	0.3400	0.0500	*N/A*	0.000	5.000	3.2600	1.000	1.980	*N/A*	3.090	*N/A*	2.100	3.000	0.500
901966	Mustard, brown, Gal. Gulden's, 87140	0.000	0.000	0.000	0.000	0.000	1000	0.000	0.000	0.000	*N/A*	0.000	*N/A*	0.000	0.000	0.000
11273	Mustard, grns, frzn, ckd, bld, drnd, w/o salt	19.000	0.2500	0.0130	0.0000	0.000	25.000	3.1100	2.800	0.320	*N/A*	2.270	*N/A*	13.800	101.000	1.120
900358	Mustard, SS, Portion Pac, 500/5.5g, 53901	0.000	0.000	0.000	0.000	0.000	1181.81 8	0.000	0.000	0.000	*N/A*	0.000	*N/A*	0.000	0.000	0.000

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900357	Mustard, Sysco, 4/1gal, 71359SYS	0.000	0.000	0.000	0.000	0.000	1400	0.000	0.000	0.000	0.000	0.000	*N/A*	0.000	0.000	0.000
990393	Nacho Bites, WG, Father's Table, 77044	265.487	11.504	3.097	0.000	17.699	460.177	29.204	2.655	0.000	*N/A*	12.389	*N/A*	0.000	165.487	0.885
9191	Nectarines, Fresh	44.000	0.3200	0.0250	0.0000	0.000	0.000	10.5500	1.700	7.890	*N/A*	1.060	*N/A*	5.400	6.000	0.280
902853	No Nut Butter, Chocolate, Back to Basics, 1016	599.658	38.801	3.527	0.000	0.000	370.377	67.021	10.582	10.582	*N/A*	24.692	*N/A*	0.000	0.000	0.000
2025	Nutmeg, Sysco, 974301, 1 LB	525.000	36.3100	25.9400	*N/A*	0.000	16.000	49.2900	20.800	2.990	*N/A*	5.840	*N/A*	3.000	184.000	3.040
902209	Oatmeal, Quaker Oats, 43293	375	7.5	1.25	0.000	0.000	0.000	67.5	10	0.000	*N/A*	12.5	*N/A*	0.000	50	3.75
20038	Oatmeal, Quaker, 12/42 oz, 43293	389.000	6.9000	1.2170	*N/A*	0.000	2.000	66.2700	10.600	*N/A*	*N/A*	16.890	*N/A*	0.000	54.000	4.720
902284	Oil, Soybean TFF, Salad, 291524	928.571	100	14.286	0.000	0.000	0.000	0.000	0.000	*N/A*	*N/A*	0.000	*N/A*	0.000	0.000	0.000
11282	ONIONS,RAW	40.000	0.1000	0.0420	0.0000	0.000	4.000	9.3400	1.700	4.240	*N/A*	1.100	*N/A*	7.400	23.000	0.210
11291	ONIONS,SPRING OR SCALLIONS (INCL TOPS&BULB),R	32.000	0.1900	0.0320	0.0000	0.000	16.000	7.3400	2.600	2.330	*N/A*	1.830	*N/A*	18.800	72.000	1.480
600757	OnTop, Whipped Top, Rich's, 02559, 12/16 oz	312.5	25	25	0.000	0.000	0.000	25	0.000	25	*N/A*	0.000	*N/A*	0.000	0.000	0.000
901017	Orange Juice, 4 oz. crtn, fzn, USDA, 100277	53.793	0.000	0.000	0.000	0.000	1.764	12.346	0.000	0.000	*N/A*	0.882	*N/A*	0.000	0.000	0.000
990263	Orange Sauce, JTM, 6/5lb, 73420	112.877	0.000	0.000	0.000	0.000	402.123	28.219	0.000	21.164	*N/A*	0.000	*N/A*	0.000	0.000	0.000
50359	Oranges, Fresh	47.330	0.1200	0.0200	0.0000	0.000	0.000	11.7500	2.370	*N/A*	*N/A*	0.940	*N/A*	53.210	39.690	0.100

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2027	Oregano Leaf, Sysco, 3/1.5 lb, 974413	265.000	4.2800	1.5510	0.0000	0.000	25.000	68.9200	42.500	4.090	*N/A*	9.000	*N/A*	2.300	1597.000	36.800
600518	Pancake Sausage Stick, 160/3oz Don Lee, CNQ71303P	235.160	9.276	2.613	0.000	31.355	546.094	28.089	2.221	0.000	*N/A*	10.974	*N/A*	0.000	24.822	1.960
600064	Pancake Sausage Stick, 72/2.7oz. Don Lee, CW27072W	287.418	14.371	3.919	0.000	32.661	587.900	32.661	2.613	10.452	10.452	10.452	*N/A*	0.000	31.355	2.613
902271	Pancakes, choc chip, 72/3.17oz WG, Pillsbury, 16049	267.059	6.676	0.556	0.000	0.000	311.568	47.848	3.338	15.578	*N/A*	4.451	*N/A*	0.000	66.765	1.602
990429	Pancakes, Confetti, Kellogg, 72/3 oz, 5748	244.473	8.149	1.164	0.000	11.642	244.473	41.910	4.657	12.806	*N/A*	4.657	*N/A*	0.000	46.566	4.191
903393	Pancakes, Maple, 72/3.17 oz WG, Pillsbury, 37732	244.804	6.676	0.556	0.000	0.000	144.657	43.397	3.338	*N/A*	*N/A*	4.451	*N/A*	0.000	22.255	0.801
990428	Pancakes, Mini Maple, Kellogg, 72/3 oz, 25627	232.832	6.985	1.164	0.000	0.000	244.473	40.746	4.657	11.642	*N/A*	4.657	*N/A*	0.000	46.566	4.191
900118	Pancakes, Mini Strawberry, WG, Pillsbury, 37731	244.804	6.676	0.556	0.000	0.000	144.657	44.510	3.338	*N/A*	*N/A*	4.451	*N/A*	0.000	44.510	0.801
990416	Pancakes, WG/WG rich, USDA, 110393	205.765	5.879	0.000	0.000	8.818	396.832	38.213	2.939	0.000	*N/A*	5.879	*N/A*	*N/A*	*N/A*	*N/A*
2028	Paprika, Sysco, 974312, 18 oz	282.000	12.8900	2.1400	0.0000	0.000	68.000	53.9900	34.900	10.340	*N/A*	14.140	*N/A*	0.900	229.000	21.140

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990311	Parmesan Cheese, ss, Kraft, 6611	416.667	33.333	16.667	0.000	83.333	1666.667	0.000	0.000	0.000	*N/A*	33.333	*N/A*	0.000	1000	0.000
2029	Parsley, Sysco, 974322, 10oz.	292.000	5.4800	1.3780	0.0000	0.000	452.000	50.6400	26.700	7.270	*N/A*	26.630	*N/A*	125.000	1140.000	22.040
11297	PARSLEY,RAW	36.000	0.7900	0.1320	0.0000	0.000	56.000	6.3300	3.300	0.850	*N/A*	2.970	*N/A*	133.000	138.000	6.200
902203	Pasta Elbow Macaroni, Barilla, 2/10lb 440041	350.877	1.754	0.000	0.000	0.000	0.000	73.684	3.509	0.000	0.000	12.281	*N/A*	0.000	0.000	17.544
902204	Pasta Penne Rigate, Barilla, 2/10lb, 440072	352.740	1.764	0.000	0.000	0.000	0.000	74.075	3.527	0.000	0.000	12.346	*N/A*	0.000	0.000	17.637
990309	Pasta Spaghetti, Barilla, 2/10lb, 345005	352.740	1.764	0.000	0.000	0.000	0.000	74.075	3.527	0.000	0.000	12.346	*N/A*	0.000	0.000	17.637
903481	PB&J, Uncrustab Strwbry, 72/2.6oz, Smuckers, 06961	407.008	21.707	4.748	0.000	0.000	379.874	44.771	5.427	17.637	*N/A*	12.210	*N/A*	0.000	59.694	1.357
902358	PB&J, Uncrustable Grape, 72/2.6oz, Smuckers, 06960	377.936	20.157	4.409	0.000	0.000	352.740	40.313	5.039	15.117	*N/A*	11.338	*N/A*	0.000	54.171	1.260
903248	Peach Cup, Frz., 4.4 oz. USDA, 100241	64.135	0.000	0.000	0.000	0.000	0.000	15.232	0.802	*N/A*	*N/A*	0.802	*N/A*	129.872	0.000	0.289
51454	Peaches, diced, #10 Can, USDA, 100220	42.060	0.1000	0.0000	0.0000	0.000	4.760	10.6300	1.030	*N/A*	*N/A*	0.400	*N/A*	3.020	4.760	0.300
9236	Peaches, Fresh	39.000	0.2500	0.0190	0.0000	0.000	0.000	9.5400	1.500	8.390	*N/A*	0.910	*N/A*	6.600	6.000	0.250

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990123	Peaches, Sliced, Fzn, USDA, 100238	64.286	0.000	0.000	0.000	0.000	0.000	15.714	1.429	0.000	*N/A*	1.429	*N/A*	0.000	0.000	0.000
903511	Peanut Butter, Monarch, 230049	574.850	47.5300	8.7300	0.0000	0.000	469.010	25.4900	7.110	0.000	*N/A*	23.090	*N/A*	0.000	54.710	2.040
51453	Pears, diced, #10 can, USDA, 100225	46.770	0.1000	0.0000	0.0000	0.000	1.610	12.1800	1.610	*N/A*	*N/A*	0.310	*N/A*	2.020	7.260	0.210
9252	Pears, Fresh	57.000	0.1400	0.0220	0.0000	0.000	1.000	15.2300	3.100	9.750	*N/A*	0.360	*N/A*	4.300	9.000	0.180
11323	Peas & Carrots, Sysco, 30lb, 3959277	48.000	0.4200	0.0770	0.0000	0.000	68.000	10.1200	3.100	4.360	*N/A*	3.090	*N/A*	8.100	23.000	0.940
990423	Pepper Chili Green, Las Palmas, 6/10, 16050	35.274	0.000	0.000	0.000	0.000	335.103	7.055	0.000	0.000	*N/A*	0.000	*N/A*	0.000	0.000	0.000
990346	PEPPER, BELL GREEN DICED 1/4" FRESH REF	20.270	0.000	0.000	0.000	0.000	0.000	4.730	1.351	2.703	*N/A*	0.676	*N/A*	77.027	13.514	0.243
990415	Pepper/onion blend, Fzn, USDA, 110724	37.143	0.000	0.000	0.000	0.000	11.429	8.571	1.429	0.000	*N/A*	1.429	*N/A*	0.000	0.000	0.000
990153	Pepperoncini, Greek Mild	28.219	0.000	0.000	0.000	0.000	14.110	7.055	3.527	*N/A*	*N/A*	0.000	*N/A*	81.130	14.110	0.000
900169	Pepperoni, sliced, Arrezio Imperial, 10lb, 4831	500	46.667	16.667	0.000	100	1803.333	0.000	0.000	0.000	0.000	20	*N/A*	0.000	40	3.333
799947	PEPPERS,CHILI,GRN,CND	21.000	0.2700	0.0280	*N/A*	0.000	397.000	4.6000	1.700	*N/A*	*N/A*	0.720	*N/A*	34.200	36.000	1.330
799946	PEPPERS,JALAPENO,RAW	29.000	0.3700	0.0900	*N/A*	0.000	3.000	6.5000	2.800	*N/A*	*N/A*	0.910	*N/A*	118.600	12.000	0.250

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11918	PEPPERS,SWT,RED,FRZ,CHOPD,BLD,DRND,WO/ SALT	16.000	0.1800	0.0270	0.0000	0.000	4.000	3.3100	0.800	2.860	*N/A*	0.950	*N/A*	41.200	8.000	0.520
11947	PICKLES,CUCUMBER,DILL,LO NA	12.000	0.3000	0.0790	0.0000	0.000	18.000	2.4100	1.000	1.070	*N/A*	0.500	*N/A*	2.300	57.000	0.260
903202	Pineapple, tidbits, #10 can, Dole, 553	57.423	0.000	0.000	0.000	0.000	0.000	13.125	0.820	0.000	*N/A*	0.000	*N/A*	9.844	0.000	0.295
990379	Pita Bread, WG Herb, Father's Table, 01179	229.281	1.764	0.000	0.000	0.000	238.099	45.856	5.291	1.764	*N/A*	8.818	*N/A*	0.000	105.822	3.704
990385	Pita Chips	451.507	14.110	0.000	0.000	0.000	536.165	67.726	5.644	0.000	*N/A*	14.110	*N/A*	0.000	0.000	0.000
903363	Pizza Crust WW 16" Tubitos, 14/21.5 oz. 14018	276.401	2.632	0.000	0.000	0.000	460.668	53.964	5.265	*N/A*	*N/A*	9.213	*N/A*	0.000	26.324	3.554
901631	Pizza Dough, 16" sheeted,Rich's, 17673	246.280	3.592	2.052	0.000	0.000	461.775	44.125	2.052	2.052	*N/A*	8.209	*N/A*	0.267	20.523	2.873
901626	Pizza Dough, Richs, 6", 120/3.5 oz, 21973	227.924	3.799	1.628	0.000	0.000	423.288	40.158	4.341	3.256	*N/A*	9.768	*N/A*	0.000	21.707	2.279
902308	Pizza, Fiestada, WG, Tony's, 68523	226.947	9.078	3.891	0.000	16.210	557.640	25.937	2.594	0.000	*N/A*	11.023	*N/A*	0.000	0.000	0.000
903256	Pizza, Tony's, 5" round	210.382	6.311	1.753	0.000	7.013	30.856	27.350	2.805	*N/A*	*N/A*	11.922	*N/A*	0.000	260.172	1.964
903220	Plantain slices, frz, Big Banana, SB011	176.471	3.529	0.588	0.000	0.000	0.000	34.118	1.176	0.000	*N/A*	1.176	*N/A*	0.000	4.706	0.412
9279	Plums, Fresh	46.000	0.2800	0.0170	0.0000	0.000	0.000	11.4200	1.400	9.920	*N/A*	0.700	*N/A*	9.500	6.000	0.170

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990304	Pop Tart, Fudge, WG, Kellogg's, 12073, dbl	362.818	6.047	2.016	0.000	0.000	393.053	76.595	6.047	*N/A*	*N/A*	5.039	*N/A*	0.000	201.566	3.628
902321	Popcorn chicken W/D, RC, 4/5 lb, 54409	211.644	10.582	2.352	0.000	23.516	493.836	14.110	3.527	0.000	0.000	14.110	*N/A*	0.000	45.856	1.881
903332	Pop-Tart, Cinnamon, WG, Kellogg's, 55125, dbl	372.896	5.039	2.016	0.000	0.000	382.975	75.587	6.047	*N/A*	*N/A*	5.039	*N/A*	0.000	201.566	3.628
990444	Pork & Beans, Showboat, 02849, 6/#10	90.834	1.135	0.378	0.000	0.000	454.172	16.653	3.785	4.542	0.000	4.542	*N/A*	0.000	30.278	1.363
600393	Pork Sausage Burrito, Fernados, 5221, 90/3.5 oz	221.722	9.070	4.031	0.000	40.313	312.427	25.196	4.031	0.000	*N/A*	10.078	*N/A*	0.000	100.783	1.713
990358	Pork, Bacon, ckd, Patuxent Farms, 402741	548.000	43.2700	14.1800	0.0000	107.000	2193.00 0	1.3500	0.000	0.000	*N/A*	35.700	*N/A*	0.000	0.000	1.490
990306	Pork, BBQ Rib Patty, Tyson, 13817	293.045	21.707	7.597	0.000	54.268	683.773	9.768	1.085	7.597	7.597	14.110	*N/A*	1.302	43.414	1.085
990378	Pork, Pulled, Ckd, Frz, USDA, 110730	162.260	8.818	3.527	0.000	63.493	356.267	0.000	0.000	0.000	*N/A*	19.401	*N/A*	0.000	0.000	0.000
902216	Pork, sausage patty, bfst, JTM, CP5635	264.555	17.637	6.349	0.000	59.966	761.918	3.527	3.527	0.000	*N/A*	21.164	*N/A*	0.000	59.966	3.527
903496	Pork, Sloppy Joe, RF, JTM, CP5401	144.582	6.152	2.153	0.000	42.042	646.006	9.229	1.025	0.000	*N/A*	13.330	*N/A*	6.152	31.788	1.025

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903476	Potato Sweet crinkle cut, McCain, MCF04566	133.529	5.007	0.556	0.000	0.000	200.294	18.917	3.338	5.564	*N/A*	2.225	*N/A*	2.671	22.255	0.401
902919	Potato Wedges, frozen, ckd	146.466	4.882	0.610	0.000	6.103	170.877	24.411	2.441	0.000	*N/A*	2.441	*N/A*	28.683	19.529	2.551
600835	Potato, Au Gratin Casserole, 08809	385.809	8.084	5.761	0.000	7.261	1910.674	70.901	0.000	7.172	*N/A*	6.908	*N/A*	18.695	91.242	3.821
600836	Potato, Au Gratin Casserole, Idahoan, 00880	441.176	7.353	5.882	0.000	0.000	1911.765	70.588	5.882	0.000	*N/A*	5.882	*N/A*	17.647	117.647	1.059
902361	Potato, Hash Brown Rounds, McCain, 6188	138.874	4.861	0.000	0.000	0.000	145.818	22.220	1.389	0.000	*N/A*	1.389	*N/A*	4.999	0.000	0.000
990384	Potato, mashed, Idahoan 3163	363.636	4.545	0.000	0.000	0.000	136.364	77.273	4.545	4.545	*N/A*	9.091	*N/A*	16.364	0.000	1.636
990392	Potato, seasoned diced, McCain, MCF03927	115.274	2.305	0.000	0.000	0.000	132.566	21.902	2.305	0.000	*N/A*	3.458	*N/A*	121.038	0.000	0.830
903461	Potato, Seasoned Fries, 1/2", McCain, MCX04717	176.370	5.879	0.588	0.000	0.000	199.886	29.395	2.352	0.000	*N/A*	2.352	*N/A*	0.000	0.000	0.847
600863	Potato, Seasoned Spirals, McCain, 100004108	167.971	5.039	0.000	0.000	0.000	251.957	28.555	1.680	0.000	*N/A*	1.680	*N/A*	0.000	0.000	0.000
601994	Potato, Smiles, McCain, 24 lb., OIF03456	190.275	6.586	0.732	0.000	0.000	263.457	29.273	2.927	0.000	*N/A*	2.927	*N/A*	3.513	0.000	0.527
903348	Potato, Sweet, Yam, Canned	75.051	0.000	0.000	0.000	0.000	18.763	18.763	1.251	*N/A*	*N/A*	0.000	*N/A*	3.002	0.000	0.000

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903477	Potato, Tater Tots, McCain, OIF00215A	181.969	8.399	1.400	0.000	0.000	433.926	22.396	2.800	*N/A*	*N/A*	2.800	*N/A*	0.000	83.986	0.000
990317	Potatoes Sweet Waffle-Cut Style Fries	211.765	10.588	1.765	0.000	0.000	270.588	28.235	2.353	8.235	*N/A*	1.176	*N/A*	7.059	23.529	0.424
903493	Potatoes, red, flesh and skin, raw	70.000	0.1400	0.0000	0.0000	0.000	18.000	16.0000	1.700	*N/A*	*N/A*	1.890	*N/A*	8.600	10.000	0.730
11362	POTATOES,RAW,SKIN	58.000	0.1000	0.0260	0.0000	0.000	10.000	12.4400	2.500	*N/A*	*N/A*	2.570	*N/A*	11.400	30.000	3.240
2034	Poultry Seasoning, Sysco, 974352, 12 oz	307.000	7.5300	3.2900	0.0000	0.000	27.000	65.5900	11.300	1.800	*N/A*	9.590	*N/A*	12.000	996.000	35.300
990155	Pretzel, Soft, WG, 2.2 oz	224.471	0.802	0.000	0.000	0.000	240.504	48.101	4.810	*N/A*	*N/A*	8.017	*N/A*	1.924	32.067	2.886
900272	Pretzel, Soft, WG, Rod,1 oz	246.918	0.000	0.000	0.000	0.000	229.281	49.384	3.527	*N/A*	*N/A*	7.055	*N/A*	0.000	0.000	2.540
900352	Pudding, Chocolate 6/#10cans	117.188	3.125	0.781	0.000	0.000	140.625	21.094	0.781	*N/A*	*N/A*	1.562	*N/A*	0.938	46.875	0.000
903411	Pudding, Hunts, Chocolate, 3.5 oz	120.939	2.520	1.512	0.000	0.000	125.979	22.172	2.016	*N/A*	*N/A*	1.008	*N/A*	0.000	0.000	0.000
903412	Pudding, Hunts, Vanilla, 3.5 oz	110.861	3.023	0.504	0.000	0.000	120.939	20.157	1.008	*N/A*	*N/A*	1.008	*N/A*	0.000	0.000	0.000
990101	Pudding, Vanilla 6/#10cans	117.188	3.125	0.781	0.000	0.000	140.625	21.094	0.781	*N/A*	*N/A*	1.562	*N/A*	0.938	46.875	0.000
900109	Pull-a-Part Donut, 80/2.5 oz. Super B, 18450	338.630	15.521	6.349	0.000	0.000	423.288	43.740	2.822	11.288	11.288	5.644	*N/A*	0.000	33.863	1.411

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990411	PullAparts, Pillsbury, 72/3.88 oz, 123176	272.737	11.819	5.455	0.000	27.274	472.744	29.092	1.818	2.727	*N/A*	12.728	*N/A*	0.000	318.193	1.636
2035	PUMPKIN PIE SPICE	342.000	12.6000	6.5300	*N/A*	0.000	52.000	69.2800	14.800	7.760	*N/A*	5.760	*N/A*	23.400	682.000	19.710
600162	Pumpkin, cnd, Monarch, 173527	33.333	0.000	0.000	0.000	0.000	4.167	8.333	2.5	0.000	*N/A*	0.833	*N/A*	4	16.667	1.5
11424	PUMPKIN,CND,W O/SALT	34.000	0.2800	0.1460	0.0000	0.000	5.000	8.0900	2.900	3.300	*N/A*	1.100	*N/A*	4.200	26.000	1.390
990441	Pupusa, Bean & Cheese 5.5oz, Del Real, 705	185.990	7.055	2.245	0.000	9.620	307.846	22.447	2.565	0.641	0.000	8.337	*N/A*	0.000	0.000	0.641
20035	QUINOA,UNCKD	368.000	6.0700	0.7060	*N/A*	0.000	5.000	64.1600	7.000	*N/A*	*N/A*	14.120	*N/A*	*N/A*	47.000	4.570
11429	RADISHES,RAW	16.000	0.1000	0.0320	0.0000	0.000	39.000	3.4000	1.600	1.860	*N/A*	0.680	*N/A*	14.800	25.000	0.340
902925	Raisels, Fruit Splash, Champion, 569	376.256	0.000	0.000	0.000	0.000	11.758	72.900	0.000	18.813	*N/A*	2.352	*N/A*	0.000	47.032	0.847
903439	Raisels, Sour Lemon, Champion, 528	376.256	0.000	0.000	0.000	0.000	11.758	72.900	0.000	18.813	*N/A*	2.352	*N/A*	0.000	47.032	0.847
903483	Raisels, Sour Orange, Champion, 529	376.256	0.000	0.000	0.000	0.000	11.758	72.900	0.000	18.813	*N/A*	2.352	*N/A*	0.000	47.032	0.847
903440	Raisels, Sour Watermelon, Champion, 527	376.256	0.000	0.000	0.000	0.000	11.758	72.900	0.000	18.813	*N/A*	2.352	*N/A*	0.000	47.032	0.847
50381	RAISINS, SEEDLESS, REGULAR MOISTURE	297.370	0.4500	0.1100	0.0000	0.000	10.530	78.8900	3.680	*N/A*	*N/A*	3.050	*N/A*	2.290	50.000	1.870

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990396	Raisins, seedless, 1.33 oz. box, SunMaid, 2020	318.262	0.000	0.000	0.000	0.000	13.261	76.913	5.304	*N/A*	*N/A*	2.652	*N/A*	0.000	53.044	2.864
9298	Raisins, Seedless, Box, 1.33 oz	299.000	0.4600	0.0580	0.0000	0.000	11.000	79.1800	3.700	59.190	*N/A*	3.070	*N/A*	2.300	50.000	1.880
799983	RAISINS, GOLDEN SEEDLESS	302.000	0.4600	0.1510	*N/A*	0.000	12.000	79.5200	4.000	*N/A*	*N/A*	3.390	*N/A*	3.200	53.000	1.790
901447	Red Onions, DOD	40.000	0.1000	0.0400	*N/A*	0.000	4.000	9.3400	1.700	*N/A*	*N/A*	1.100	*N/A*	7.400	23.000	0.210
902249	Relish, Sweet SS	111.111	0.000	0.000	0.000	0.000	833.333	33.333	0.000	*N/A*	*N/A*	0.000	*N/A*	0.000	0.000	0.000
990375	Rice Krispie Treat - mini	416.667	8.333	0.000	0.000	0.000	375	75	0.000	25	*N/A*	0.000	*N/A*	*N/A*	*N/A*	*N/A*
901768	Rice Krispies Treats, WG	400	10	2.5	0.000	0.000	300	75	0.000	*N/A*	*N/A*	5	*N/A*	0.000	0.000	4.5
51425	RICE, BROWN, LONG GRAIN, COOKED, NO SALT	110.200	0.9000	0.1800	0.0000	0.000	5.100	22.8500	1.840	*N/A*	*N/A*	2.570	*N/A*	0.000	10.200	0.420
51426	RICE, BROWN, LONG GRAIN, PARBOILED, DRY	365.910	3.2500	0.0000	0.0000	0.000	0.000	75.0000	4.320	*N/A*	*N/A*	10.230	*N/A*	0.000	0.000	1.640
600783	Rockin'ola Chocolate Granola, 8004070	416.874	9.620	0.000	0.000	0.000	144.303	70.548	6.413	0.000	*N/A*	9.620	*N/A*	0.000	0.000	2.309
902793	Rockinola, Cinnamon, SS, 8004209	423.288	8.818	0.000	0.000	0.000	0.000	74.075	7.055	*N/A*	*N/A*	10.582	*N/A*	0.000	0.000	3.175
903406	Roll, Dinner, 1.1 oz, WG, Frozen Dough, 01519	256.538	3.207	0.000	0.000	0.000	432.908	48.101	3.207	*N/A*	*N/A*	9.620	*N/A*	0.000	64.135	2.309

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903432	Roll, dinner, WG, 1 oz, EuroBake, 51390	246.918	0.000	0.000	0.000	0.000	388.014	49.384	3.527	0.000	*N/A*	10.582	*N/A*	8.466	0.000	3.810
903416	Sabra Hummus, 2 oz., PepsiCo, 01111	264.555	19.401	2.646	0.000	0.000	440.925	15.873	5.291	0.000	*N/A*	7.055	*N/A*	0.000	35.274	1.905
4639	SALAD DRSNG,RANCH DRSNG,COMM,RE G	430.000	44.5400	6.9640	0.1820	26.000	901.000	5.9000	0.000	4.690	*N/A*	1.320	*N/A*	0.000	28.000	0.300
601695	Salisbury Steak, AP, 16-530-0	235.160	16.461	7.055	0.000	52.911	411.530	4.703	1.176	0.000	*N/A*	16.461	*N/A*	1.411	47.032	2.116
990454	Salsa Cup, Red Gold, 168/3 oz. REDSC2ZC168	29.395	0.000	0.000	0.000	0.000	229.281	5.879	1.176	3.527	0.000	1.176	*N/A*	0.000	18.813	1.176
903206	Salsa Mild Red Gold, 6/10, REDSC99	34.483	0.000	0.000	0.000	0.000	241.379	6.897	0.000	0.000	*N/A*	0.000	*N/A*	31.034	0.000	3.448
2047	Salt Iodized, 24/26 oz, 050000	0.000	0.0000	0.0000	0.0000	0.000	38758.0 00	0.0000	0.000	0.000	*N/A*	0.000	*N/A*	0.000	24.000	0.330
799986	SALT, KOSHER	0.000	0.0000	0.0000	*N/A*	0.000	39000.0 00	0.0000	0.000	*N/A*	*N/A*	0.000	*N/A*	0.000	0.000	0.000
903467	Sauce Boom- Boom, Ken's, 4/1Gal, KE1936	517.241	55.172	8.621	0.000	51.724	862.069	6.897	0.000	6.897	0.000	0.000	*N/A*	0.000	0.000	0.000
990081	Sauce Buffalo Wing, Franks, 4/1gal, 417416104	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	*N/A*	0.000	0.000	0.000
902175	Sauce Hot Texas Pete, 200/7g, 10.003	14.286	0.000	0.000	0.000	0.000	1300	7.143	0.000	0.000	0.000	0.000	*N/A*	0.000	0.000	0.000

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902287	Sauce Marinara Red Gold, 6/10, RPKNA99	39.062	1.172	0.000	0.000	0.000	304.688	6.25	0.000	3.906	0.000	1.562	*N/A*	0.000	16.406	0.781
903161	Sauce Pizza Red Gold, 6/10, RPKIX99	49.180	0.000	0.000	0.000	0.000	147.541	9.836	3.279	4.918	0.000	1.639	*N/A*	0.000	0.000	1.639
903079	Sauce Spaghetti Red Gold, 6/10 RPKMA9C	49.180	0.000	0.000	0.000	0.000	147.541	9.836	0.000	4.918	0.000	1.639	*N/A*	0.000	0.000	1.639
903401	Sauce Teriyaki, Kikkoman, 4/1gal, 1044	50	0.000	0.000	0.000	0.000	2033.333	6.667	0.000	6.667	6.667	0.000	*N/A*	0.000	0.000	0.000
903244	Sauce, Finish Montego Bay, 4/1gal, TC054	176.370	0.000	0.000	0.000	0.000	670.206	45.856	0.000	42.329	0.000	0.000	*N/A*	0.000	70.548	1.270
903425	Sauce, Hickory BBQ, Ken's, KE0849	114.286	0.000	0.000	0.000	0.000	1400	28.571	0.000	22.857	*N/A*	0.000	*N/A*	0.000	0.000	0.000
799917	SAUCE,SOY SAUCE	53.000	0.0800	0.0100	*N/A*	0.000	5715.000	8.5100	0.000	*N/A*	*N/A*	5.170	*N/A*	0.000	17.000	2.020
6971	SAUCE,WORCESTER SHIRE	78.000	0.0000	0.0000	*N/A*	0.000	980.000	19.4600	0.000	10.030	*N/A*	0.000	*N/A*	13.000	107.000	5.300
600048	Sausage Egg BF Bagel, Tony's, 67625, 96/2.83 oz	224.358	7.479	3.739	0.000	68.554	473.644	28.668	2.493	1.246	*N/A*	11.218	*N/A*	0.000	236.822	1.745
903403	Sausage Gravy, Pork, RS, JTM, CP522	156.277	10.716	6.072	0.000	22.325	466.152	7.144	0.000	*N/A*	*N/A*	6.251	*N/A*	0.000	30.362	38.400
990437	Sausage PC Bkft Sandwich, IFS, 990120, 100/2.61 oz	194.237	6.339	2.122	0.000	23.989	442.587	21.218	2.419	5.284	0.000	12.258	*N/A*	0.135	60.615	1.879

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990431	Scone Dough, Cinnamon, 21410, Rich's, 108/2.5 oz.	380.826	15.868	7.934	0.000	23.802	396.694	53.950	4.760	15.868	12.694	6.347	*N/A*	0.000	47.603	2.221
990432	Scone Dough, Mxd Berry, 21411, Rich's, 108/2.5 oz.	364.958	12.694	5.554	0.000	23.802	396.694	58.711	4.760	20.628	15.868	6.347	*N/A*	0.000	31.735	2.221
990332	Seasoning Garlic & Herb, Sysco, 6/20oz. 1073473003	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	*N/A*	0.000	0.000	0.000
799990	Seasoning, AP Salt Free, McCormick, 900498767	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	*N/A*	0.000	*N/A*	0.000	0.000	0.000
903325	Seasoning, Chili Blend, McCormick, F0928601	357.143	0.000	0.000	0.000	0.000	3142.857	57.143	14.286	0.000	*N/A*	0.000	*N/A*	0.000	0.000	0.000
600719	Seasoning, Fajita, McCormick, 2150080091	303.043	2.1190	0.3730	0.0000	0.150	7905.000	66.3470	4.922	10.295	*N/A*	4.646	*N/A*	3.233	115.729	3.399
602035	Seasoning, Garden, Salt Free, Monarch, 208522	625	0.000	0.000	0.000	0.000	0.000	125	0.000	0.000	*N/A*	0.000	*N/A*	0.000	0.000	0.000
901221	Seasoning, Italian, Sysco, 900010356	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	*N/A*	0.000	*N/A*	0.000	0.000	0.000
600710	Seasoning, Mexican, McCormick, 900513943	388.768	8.4960	1.3480	0.0000	0.000	66.273	67.3190	16.694	0.000	*N/A*	10758.000	*N/A*	199.999	337.174	14.087

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903519	Seasoning, Taco, Lawry's, 6/9oz,801109	250	0.000	0.000	0.000	0.000	10500	50	0.000	0.000	0.000	0.000	*N/A*	0.000	0.000	0.000
990154	Seasoning, Vegetable, Salt Free, Monarch, 299789	555.556	0.000	0.000	0.000	0.000	0.000	111.111	0.000	0.000	*N/A*	0.000	*N/A*	0.000	0.000	0.000
990367	SideKicks, Sour Cherry-Lemon	72.151	0.000	0.000	0.000	0.000	20.042	17.637	0.000	15.232	*N/A*	0.000	*N/A*	48.101	64.135	0.000
990433	Sliced Bread, K12, Flowers, 95941740	224.471	3.207	0.000	0.000	0.000	384.807	44.894	6.413	3.207	3.207	9.620	*N/A*	0.000	96.202	1.283
990457	Sliced Cheddar Cheese, 12/1	392.857	32.143	17.857	0.000	107.143	642.857	3.571	0.000	0.000	0.000	25	*N/A*	0.000	714.286	0.357
900256	Soup, Cream of Mushroom, Cnd, Heinz, 412404	89.431	4.878	0.813	0.000	0.000	691.057	8.130	0.000	0.813	*N/A*	1.626	*N/A*	0.000	16.260	0.585
900252	Soup, Tomato, Campbell, 12/50 oz, 0016	79.366	0.000	0.000	0.000	0.000	405.651	17.637	0.000	10.582	6.173	1.764	*N/A*	2.116	17.637	0.635
799966	SOUP, VEGETABLE LOW SODIUM	38.830	0.7200	0.0000	*N/A*	0.000	24.270	6.7900	0.970	*N/A*	*N/A*	0.970	*N/A*	0.000	9.700	0.170
6955	SOUP,CRM OF CHICK,CND,COND ,RED NA	58.000	1.3000	0.5000	*N/A*	6.000	357.000	9.5000	0.400	0.390	*N/A*	1.800	*N/A*	0.000	11.000	0.200
903434	Sour Cream, Daisy, 5 lb	200	16.667	11.667	0.000	66.667	50	3.333	0.000	*N/A*	*N/A*	3.333	*N/A*	0.000	66.667	0.000
900281	Sour Cream, Daisy, SS	211.644	17.637	12.346	0.000	70.548	52.911	3.527	0.000	*N/A*	*N/A*	3.527	*N/A*	0.000	70.548	0.000
600464	Southwest Breakfast Toast	186.882	7.008	1.752	0.000	46.721	338.724	22.192	2.336	*N/A*	*N/A*	9.344	*N/A*	7.008	70.081	1.682

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11284	Spice Onion Minced McCormick, 6/17oz, 900210225	349.000	0.4600	0.0780	0.0000	0.000	21.000	83.2800	9.200	37.410	*N/A*	8.950	*N/A*	75.000	257.000	1.550
2001	Spice, Allspice, Monarch, 203836, Special Ord	263.000	8.6900	2.5500	0.0000	0.000	77.000	72.1200	21.600	*N/A*	*N/A*	6.090	*N/A*	39.200	661.000	7.060
2031	Spice, Cayenne Pepper, Monarch207803, Special Ord	318.000	17.2700	3.2600	*N/A*	0.000	30.000	56.6300	27.200	10.340	*N/A*	12.010	*N/A*	76.400	148.000	7.800
903516	Spice, Celery Seed, Monarch, 203855	0.000	0.0000	0.0000	0.0000	0.000	0.000	0.0000	0.000	0.000	*N/A*	0.000	*N/A*	0.000	0.000	0.000
990112	Spice, Chipolte Chili Pepper, 614246, Special Ord	0.000	0.000	0.000	0.000	0.000	0.000	125	0.000	0.000	*N/A*	0.000	*N/A*	0.000	0.000	0.000
990338	Spice, Coriander grd, Monarch, 207893, Special Ord	298.000	18.0000	1.0000	0.0000	0.000	35.000	0.0000	42.000	0.000	*N/A*	12.000	*N/A*	0.000	71.000	64.000
990339	Spice, Crushed Red Pepper, 203885, Special Ord	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	*N/A*	0.000	*N/A*	0.000	0.000	0.000
2017	Spice, Dill Weed, Monarch, 207902, Special Ord	253.000	4.3600	0.2340	0.0000	0.000	208.000	55.8200	13.600	*N/A*	*N/A*	19.960	*N/A*	50.000	1784.000	48.780

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990044	Spice, Ginger, Monarch, 208046, Special Ord	347.000	5.9500	1.9400	0.0000	0.000	32.000	70.7900	12.500	*N/A*	*N/A*	9.120	*N/A*	7.000	116.000	11.520
903342	Spice, Onion Powder, McCormick, 932668	341.000	1.4000	0.0000	0.0000	0.000	73.000	79.0000	15.000	*N/A*	*N/A*	10.000	*N/A*	13.800	384.000	3.900
600828	Spice, Onions chpd, dehydrated, McCormick, 979614	369.600	0.4000	0.0000	0.0000	0.000	76.000	87.0000	17.300	0.000	*N/A*	4.500	*N/A*	20.000	0.000	0.000
990340	Spice, Turmeric, grd, Monarch, Special Ord	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	*N/A*	0.000	*N/A*	0.000	0.000	0.000
2032	Spice, White Pepper, Monarch, 209575	296.000	2.1200	0.6260	0.0000	0.000	5.000	68.6100	26.200	*N/A*	*N/A*	10.400	*N/A*	21.000	265.000	14.310
2004	SPICES,BAY LEAF	313.000	8.3600	2.2800	0.0000	0.000	23.000	74.9700	26.300	*N/A*	*N/A*	7.610	*N/A*	46.500	834.000	43.000
11457	SPINACH,RAW	23.000	0.3900	0.0630	0.0000	0.000	79.000	3.6300	2.200	0.420	*N/A*	2.860	*N/A*	28.100	99.000	2.710
799941	SPINACH,RAW	23.000	0.3900	0.0630	*N/A*	0.000	79.000	3.6300	2.200	*N/A*	*N/A*	2.860	*N/A*	28.100	99.000	2.710
11641	SQUASH,SMMR,ALL VAR,RAW	16.000	0.1800	0.0440	0.0000	0.000	2.000	3.3500	1.100	2.200	*N/A*	1.210	*N/A*	17.000	15.000	0.350
11477	SQUASH,SMMR,ZUCCHINI,INCL SKN,RAW	17.000	0.3200	0.0840	0.0000	0.000	8.000	3.1100	1.000	2.500	*N/A*	1.210	*N/A*	17.900	16.000	0.370
799945	SQUASH,WNTR,ALL VAR,CKD,BKD,WO/SALT	37.000	0.3500	0.0720	*N/A*	0.000	1.000	8.8500	2.800	*N/A*	*N/A*	0.890	*N/A*	9.600	22.000	0.440

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799944	SQUASH,WNTR,ALL VAR,RAW	34.000	0.1300	0.0270	*N/A*	0.000	4.000	8.5900	1.500	*N/A*	*N/A*	0.950	*N/A*	12.300	28.000	0.580
990438	Stfd,bac,egg,chs,Albies, 60/3oz. 842	258.676	11.758	4.703	0.000	94.064	493.836	25.868	2.352	2.352	2.352	15.285	*N/A*	0.000	182.249	1.764
902259	Stir Fry Veg, Frz, Monarch, 673431	41.176	0.000	0.000	0.000	0.000	5.882	7.059	2.353	0.000	*N/A*	2.353	*N/A*	14.118	23.529	0.000
9316	Strawberries, Fresh	32.000	0.3000	0.0150	0.0000	0.000	1.000	7.6800	2.000	4.890	*N/A*	0.670	*N/A*	58.800	16.000	0.410
903427	Strawberries, Frozen, Whole, IQF, USDA 110846	35.135	0.000	0.000	0.000	0.000	1.802	9.009	1.802	4.505	*N/A*	0.000	*N/A*	0.000	0.000	0.000
9320	Strawberries, Frz, Sliced, Swtnd	96.000	0.1300	0.0070	0.0000	0.000	3.000	25.9200	1.900	24.010	*N/A*	0.530	*N/A*	41.400	11.000	0.590
903333	Strawberry PopTart, WG, 72/3.53 oz, 55133	340.715	5.011	1.503	0.000	0.000	230.483	73.153	6.013	29.061	28.059	4.008	*N/A*	0.000	260.547	3.608
903221	Strawberry, Frz, Cup, USDA, 100256	70.548	0.000	0.000	0.000	0.000	0.000	17.245	1.568	*N/A*	*N/A*	0.784	*N/A*	31.041	15.677	0.282
990418	Stromboli, Italian, SF Foods, 5192BC, 72/4.2 oz	260.356	10.078	4.199	0.000	33.594	562.704	26.875	0.000	3.359	*N/A*	15.117	*N/A*	0.000	146.975	1.680
903517	Stuffing Mix	363.630	4.5400	0.0000	0.0000	0.000	1909.090	72.7200	3.030	0.000	*N/A*	9.090	*N/A*	0.000	60.600	4.360
903518	Stuffing Mix, Cornbread, 6/56 oz/cs	391.304	10.870	4.348	0.000	0.000	1130.435	69.565	4.348	17.391	*N/A*	4.348	*N/A*	0.000	260.870	3.130
900309	Sub Roll, 5.5", Bake Craft, 4062	229.281	1.764	0.000	0.000	0.000	405.651	45.856	3.527	*N/A*	*N/A*	8.818	*N/A*	2.116	70.548	2.540

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990414	Sub Roll, 6" WW, O'pelle, 96/2 oz, HCS-215	263.158	3.509	0.000	0.000	0.000	263.158	49.123	5.263	0.000	*N/A*	8.772	*N/A*	0.000	70.175	3.158
990321	Sub Roll, Proof & Bake, WG, Rich's, 08763	266.638	4.999	0.555	0.000	0.000	411.067	47.773	5.555	4.444	*N/A*	11.110	*N/A*	0.000	0.000	2.666
19334	Sugar Brown Lt Cane, Sysco, 50lb, 1854926	380.000	0.0000	0.0000	*N/A*	0.000	28.000	98.0900	0.000	97.020	*N/A*	0.120	*N/A*	0.000	83.000	0.710
19336	Sugar Confectioner 6x Cane, Sysco, 50lb, 404350	389.000	0.0000	0.0000	*N/A*	0.000	2.000	99.7700	0.000	97.810	*N/A*	0.000	*N/A*	0.000	1.000	0.060
990283	Sugar Granulated Xtr Fine, Sysco, 50lb, 403434	385.000	0.0000	0.0000	0.0000	0.000	0.000	99.9800	0.000	99.800	0.000	0.000	*N/A*	0.000	0.100	0.000
990010	Sugars, Granulated, Packet	392.857	0.000	0.000	0.000	0.000	0.000	100	0.000	*N/A*	*N/A*	0.000	*N/A*	0.000	0.000	0.000
19335	SUGARS,GRANUL ATED	387.000	0.0000	0.0000	*N/A*	0.000	1.000	99.9800	0.000	99.800	*N/A*	0.000	*N/A*	0.000	1.000	0.050
902352	Sweet & Sour Sauce, JTM, 73460, 6/5lb	151.678	0.000	0.000	0.000	0.000	236.336	35.274	0.000	31.747	28.219	0.000	*N/A*	0.000	49.384	0.000
900366	Sweet Pickle Relish, Sysco, 4/1gal, 601689	125	0.000	0.000	0.000	0.000	1071.429	28.571	0.000	7.143	7.143	0.000	*N/A*	0.000	7.143	0.000
990453	Sweet Potato Fry, McCain, MCF04566, 6/2.5lb	188.128	7.055	1.176	0.000	0.000	282.192	28.219	1.176	8.231	1.176	1.176	*N/A*	0.000	35.274	0.470

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601572	Sweet Potato Swirl Roll, WG, Hadley Farms, 1370IW	329.224	10.582	2.352	0.000	0.000	317.466	51.735	4.703	16.461	*N/A*	4.703	*N/A*	0.000	47.032	2.540
601559	Sweet Potato, Wedges, 63/3.78 oz. McCain, MCF04712	186.635	6.532	0.933	0.000	0.000	233.294	28.928	1.866	0.000	*N/A*	1.866	*N/A*	8.399	37.327	0.672
11647	SWEET POTATO,CND,SYR UP PK,DRND SOL	108.000	0.3200	0.0690	0.0000	0.000	39.000	25.3600	3.000	5.740	*N/A*	1.280	*N/A*	10.800	17.000	0.950
799942	SWEET POTATO,RAW,UN PREP	86.000	0.0500	0.0180	*N/A*	0.000	55.000	20.1200	3.000	*N/A*	*N/A*	1.570	*N/A*	2.400	30.000	0.610
50539	SWEET POTATOES, MASHED, LOW-SODIUM, CANNED	100.780	0.2000	0.0400	0.0000	0.000	75.000	23.1000	1.720	*N/A*	*N/A*	1.970	*N/A*	5.160	29.690	1.330
902254	Syrup Pancake, Madeira, 100/1.5 oz, 39605	282.192	0.000	0.000	0.000	0.000	0.000	70.548	0.000	51.735	51.735	0.000	*N/A*	0.000	0.000	0.000
990394	Syrup, Caramel, SF, Coffee, MFS009F	0.000	0.000	0.000	0.000	0.000	0.000	14.110	0.000	0.000	*N/A*	0.000	*N/A*	0.000	0.000	0.000
990355	Taco Shell, 5", Mission, 10105	468.75	18.75	6.25	0.000	0.000	0.000	65.625	6.25	0.000	*N/A*	6.25	*N/A*	0.000	62.5	2.25
990071	Tangerines, Fresh, DOD	44.000	0.1900	0.0220	*N/A*	0.000	1.000	11.1900	2.300	*N/A*	*N/A*	0.630	*N/A*	30.800	14.000	0.100
990171	Teriyaki Chicken GF, AFS, 6/5lb, 73001	222.783	4.951	1.238	0.000	61.884	445.566	34.655	0.000	21.041	19.803	19.803	*N/A*	0.000	79.212	2.475

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902229	Teriyaki Sauce, JTM, 6/5lb, 73470	176.370	0.000	0.000	0.000	0.000	680.788	42.329	0.000	35.274	*N/A*	0.000	*N/A*	0.000	24.692	0.000
903438	Texas Toast, Garlic, Bake Crafter, 1627, 125/1oz.	264.555	8.818	0.000	0.000	0.000	293.950	41.153	2.939	0.000	0.000	8.818	*N/A*	0.000	29.395	3.233
903015	Three Bean Chili, 6/5 lb. JTM, 5383	109.349	3.527	0.617	0.000	0.000	230.163	15.873	11.464	0.000	*N/A*	5.291	*N/A*	0.000	49.384	2.646
2042	Thyme Leaves, Sysco, 6/6 oz. 974210	276.000	7.4300	2.7300	0.0000	0.000	55.000	63.9400	37.000	1.710	*N/A*	9.110	*N/A*	50.000	1890.000	123.600
799978	THYME,FRSH	101.000	1.6800	0.4670	*N/A*	0.000	9.000	24.4500	14.000	*N/A*	*N/A*	5.560	*N/A*	160.100	405.000	17.450
903212	Tomato Crushed, Red Gold, 6/10 RPKDX99	49.180	0.000	0.000	0.000	0.000	147.541	9.836	0.000	4.918	0.000	1.639	*N/A*	0.000	0.000	1.639
50542	Tomato Diced, Sysco 6/10, 442281	20.660	0.0000	0.0000	0.0000	0.000	115.700	4.1300	0.830	*N/A*	*N/A*	0.830	*N/A*	9.920	33.060	0.600
903210	Tomato Paste, Red Gold, 6/10 RPKUA99	90.909	0.000	0.000	0.000	0.000	60.606	18.182	0.000	0.000	0.000	3.030	*N/A*	0.000	0.000	0.000
902211	Tomato Sauce, Red Gold, RPKHA99	32.787	0.000	0.000	0.000	0.000	459.016	6.557	1.639	1.639	*N/A*	0.000	*N/A*	0.000	0.000	0.656
903459	Tomato, Grape	18.000	0.2000	0.0460	0.0000	0.000	5.000	3.9200	1.290	*N/A*	*N/A*	0.880	*N/A*	12.600	10.000	0.360
799943	TOMATOES,RED, RIPE,RAW,YEAR RND AVERAGE	18.000	0.2000	0.0300	*N/A*	0.000	5.000	3.8900	1.200	*N/A*	*N/A*	0.880	*N/A*	13.700	10.000	0.270
902195	Topping, Whipped Non- Dairy	88.185	7.055	7.055	0.000	0.000	0.000	7.055	0.000	*N/A*	*N/A*	0.000	*N/A*	0.000	0.000	0.000

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900104	Tortilla 10" WW, El Mirasol, 12/12, L1345	333.333	8.772	2.632	0.000	0.000	315.789	54.386	3.509	0.000	0.000	8.772	*N/A*	0.000	175.439	2.526
903252	Tortilla Chips, corn, rnd, bulk, Azteca, 20084	464.286	21.429	3.571	0.000	0.000	410.714	64.286	7.143	0.000	*N/A*	7.143	*N/A*	0.000	142.857	1.286
990161	Tortilla Chips, Tostitos, 64/1.45 oz. 30103	462.211	17.029	2.433	0.000	0.000	364.903	72.981	7.298	0.000	0.000	7.298	*N/A*	0.000	97.308	0.973
903430	Tortilla Chips, WG, Snak King 60/2 oz. 261194	476.199	26.455	2.646	0.000	0.000	388.014	54.675	5.291	0.000	*N/A*	5.291	*N/A*	0.000	74.075	1.411
799973	Tortilla wrap 6", El Mirasol, L1317, 30/12ct	269.231	5.769	1.923	0.000	0.000	500	46.154	7.692	0.000	*N/A*	7.692	*N/A*	0.000	0.000	0.000
990413	Tortilla wrap, El Mirasol, L2380, 9" WW, 12/12ct	7.559	0.189	0.031	0.000	0.000	17.007	1.260	0.063	0.000	*N/A*	0.189	*N/A*	0.000	1.260	0.045
799953	TORTILLA, WHOLE GRAIN, FROZEN	272.730	6.8200	2.2700	0.0000	0.000	363.640	43.1800	6.820	*N/A*	*N/A*	9.090	*N/A*	0.000	136.360	0.000
990388	Tropical Trio, Veg Juice, Cool Tropics, 16001	70.548	0.000	0.000	0.000	0.000	4.409	17.637	0.000	0.000	*N/A*	0.000	*N/A*	79.366	0.000	0.000
903249	Tuna Fish, chunk light, Star Kist, 514540	105.822	0.882	0.000	0.000	44.092	194.007	0.000	0.000	0.000	*N/A*	22.928	*N/A*	0.000	0.000	1.270
990445	Turkey & Cheese Flat Bread, EFG, 150172, 72/4 oz.	266.319	5.291	1.764	0.000	23.810	686.079	27.337	1.764	3.527	0.000	19.401	*N/A*	0.000	156.087	2.381

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990419	Turkey breast steak, JennieO, 230324, 4/6.17lb	100.068	1.876	0.625	0.000	43.780	537.866	0.000	0.000	0.000	*N/A*	21.264	*N/A*	0.000	0.000	2.502
990387	Turkey Breast Stick	117.580	2.939	0.000	0.000	58.790	529.110	0.000	0.000	0.000	*N/A*	23.516	*N/A*	0.000	0.000	0.000
990447	Turkey ham & chs croissant IW, Tasty B, 72/4.6oz.	237.716	9.202	4.601	0.000	30.673	621.129	23.005	2.300	3.834	0.000	15.337	*N/A*	0.000	0.000	0.000
990446	Turkey Ham & Chs Sub, IW, 186172,72/4 oz EFG	211.644	5.291	1.764	0.000	26.455	621.704	26.455	1.764	3.527	0.000	14.110	*N/A*	0.000	134.923	1.764
602041	Turkey ham & chz stuffer, 80/4.8 oz., S&F 208BC	227.811	8.084	3.674	0.000	25.721	374.786	25.721	0.000	2.205	*N/A*	13.963	*N/A*	0.000	215.318	1.470
50424	TURKEY ROAST, W/D, USDA, 100125	142.860	5.8600	1.9300	0.0000	53.570	535.710	0.0000	0.000	*N/A*	*N/A*	17.860	*N/A*	0.000	0.000	0.640
903103	Turkey, Breast, Diced, 1/2" 6423	79.366	0.882	0.441	0.000	35.274	476.199	0.000	0.000	*N/A*	*N/A*	14.991	*N/A*	0.000	17.637	0.317
900193	Turkey, Deli Breast, slcd, USDA, 110554	106.069	2.467	0.000	0.000	44.401	527.877	2.467	0.000	0.000	*N/A*	19.734	*N/A*	2.960	0.000	0.888
601815	Turkey, Deli Breast, Smoked, Slcd, USDA, 110910	105.822	2.352	0.000	0.000	44.680	564.384	2.352	0.000	0.000	*N/A*	21.164	*N/A*	0.000	0.000	0.000
900195	Turkey, Ham, Deli Style	118.237	4.927	1.971	0.000	64.045	857.217	1.971	0.000	*N/A*	*N/A*	14.780	*N/A*	0.000	0.000	1.064
902214	Turkey, Ham, Sliced, 0.5 oz, #2565	115.274	5.187	1.729	0.000	69.165	610.955	1.153	0.000	*N/A*	*N/A*	17.291	*N/A*	1.383	0.000	1.245

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902215	Turkey, Italian Combo, Ham 209612	115.274	5.187	1.729	0.000	69.165	610.955	1.153	0.000	*N/A*	*N/A*	17.291	*N/A*	1.383	0.000	1.245
903398	Turkey, Italian Combo, Pepperoni 209612	146.466	7.323	3.051	0.000	67.130	866.593	3.662	0.000	*N/A*	*N/A*	17.088	*N/A*	1.465	24.411	1.758
903397	Turkey, Italian Combo, Salami 209612	176.370	11.758	2.939	0.000	70.548	705.480	2.352	0.000	*N/A*	*N/A*	15.285	*N/A*	16.932	117.580	1.693
900194	Turkey, Oven Roast, 8354-02	114.248	4.284	1.428	0.000	49.983	614.082	1.428	0.000	*N/A*	*N/A*	17.137	*N/A*	0.000	0.000	0.514
990284	Turkey, Oven Roasted, Stick	117.580	2.939	0.000	0.000	0.000	440.925	0.000	0.000	0.000	*N/A*	23.516	*N/A*	0.000	0.000	0.000
601805	Turkey, Roast, Fzn, USDA, 100125	132.277	6.962	2.321	0.000	53.375	450.208	0.000	0.000	0.000	*N/A*	18.565	*N/A*	0.000	0.000	0.000
900279	Turkey, Taco Meat, USDA, 100119, 30 lb	129.412	5.882	1.765	0.000	52.941	258.824	4.706	1.176	0.000	*N/A*	15.294	*N/A*	0.000	40	2.353
990322	TURKEY, WHOLE HEN RAW FROZEN	168.000	9.0900	2.5600	0.0000	63.000	61.000	0.0000	0.000	0.000	*N/A*	20.200	*N/A*	0.000	15.000	1.600
50423	TURKEY, WHOLE, ROASTED, WITHOUT SKIN	192.860	7.5000	2.1800	0.0000	110.710	103.570	0.0700	0.000	*N/A*	*N/A*	28.890	*N/A*	0.000	14.290	1.110
601605	Turkey Ham & Chz Slider, 100/3.10oz, IFS, IW 130018	211.826	4.836	1.559	0.000	19.321	588.188	30.961	2.264	0.000	*N/A*	12.084	*N/A*	4.096	119.704	2.105
990020	Vanilla Extract, imitation, Sysco, 6/32 oz, 974398	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	*N/A*	0.000	0.000	0.000

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2052	VANILLA EXTRACT,IMITN,N O ALCOHOL	56.000	0.0000	0.0000	0.0000	0.000	3.000	14.4000	0.000	14.400	*N/A*	0.030	*N/A*	0.000	3.000	0.050
11135	VEG,CAULIFLOWE R,RAW, DOD	25.000	0.2800	0.1300	0.0000	0.000	30.000	4.9700	2.000	1.910	*N/A*	1.920	*N/A*	48.200	22.000	0.420
11143	VEG,CELERY,STIC KS,RAW, DOD	16.000	0.1700	0.0420	0.0000	0.000	80.000	2.9700	1.600	1.340	*N/A*	0.690	*N/A*	3.100	40.000	0.200
11352	VEG,POTATO,FLE SH & SKN,RAW,DOD	77.000	0.0900	0.0250	0.0000	0.000	6.000	17.4900	2.100	0.820	*N/A*	2.050	*N/A*	19.700	12.000	0.810
11529	VEG,TOMATOES, RED,RIPE,RAW,YE AR RND AV	18.000	0.2000	0.0280	0.0000	0.000	5.000	3.8900	1.200	2.630	*N/A*	0.880	*N/A*	13.700	10.000	0.270
902260	Vegetable Blend California, 152002201, Sysco, 30lb	11.023	0.000	0.000	0.000	0.000	15.432	2.205	1.323	0.000	0.000	0.441	*N/A*	0.000	17.637	0.220
799976	VEGETABLE BROTH, LOW- SODIUM	6.25	0.000	0.000	0.000	0.000	220.833	1.25	0.000	*N/A*	*N/A*	0.000	*N/A*	0.000	0.000	0.000
4513	VEGETABLE OIL,PALM KERNEL	862.000	100.000 0	81.5000	*N/A*	0.000	0.000	0.0000	0.000	0.000	*N/A*	0.000	*N/A*	0.000	0.000	0.000
42151	VEGETABLE OIL- BUTTER SPRD,RED CAL	465.000	53.0000	17.8800	*N/A*	54.000	581.000	0.0000	0.000	0.000	*N/A*	0.000	*N/A*	0.000	6.000	0.040
902258	Vegetable, 4 Way, Frz, Sysco 30 lb	57.471	0.000	0.000	0.000	0.000	45.977	12.644	3.448	0.000	0.000	2.299	*N/A*	10.345	22.989	0.828
900350	Vegetable, Corn on Cob, 3", Frozen	13.637	0.000	0.000	0.000	0.000	104.549	3.636	1.818	*N/A*	*N/A*	0.000	*N/A*	8.182	36.365	0.327

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902180	Vegetable, Italian Blend	35.590	0.1000	0.0000	0.0000	0.000	48.750	6.9900	2.760	*N/A*	*N/A*	2.380	*N/A*	29.470	13.290	0.000
900333	Vegetable, Zucchini, Frozen	17.000	0.0000	0.0000	0.0000	0.000	2.000	3.5000	1.000	*N/A*	*N/A*	1.000	*N/A*	5.300	18.000	0.000
11464	Vegetable, Spinach, Fzn, Chop	34.000	0.8700	0.1570	0.0000	0.000	97.000	4.8000	3.700	0.510	*N/A*	4.010	*N/A*	2.200	153.000	1.960
901459	Vegetables, Stir Fry	41.176	0.000	0.000	0.000	0.000	5.882	7.059	2.353	*N/A*	*N/A*	2.353	*N/A*	31.765	47.059	1.271
2053	Vinegar White Distilled, Heinz, 6/1 gal, 78000913	18.000	0.0000	0.0000	0.0000	0.000	2.000	0.0400	0.000	0.040	*N/A*	0.000	*N/A*	0.000	6.000	0.030
2069	VINEGAR, BALSAMIC	88.000	0.0000	0.0000	0.0000	*N/A*	23.000	17.0300	*N/A*	14.950	*N/A*	0.490	*N/A*	0.000	27.000	0.720
2048	VINEGAR, CIDER	21.000	0.0000	0.0000	0.0000	0.000	5.000	0.9300	0.000	0.400	*N/A*	0.000	*N/A*	0.000	7.000	0.200
2068	VINEGAR, RED WINE	19.000	0.0000	0.0000	0.0000	*N/A*	8.000	0.2700	0.000	0.000	*N/A*	0.040	*N/A*	0.500	6.000	0.450
903445	Vitamin Water, Squeezed, Lemon	0.000	0.000	0.000	0.000	0.000	0.000	0.835	0.000	*N/A*	*N/A*	0.000	*N/A*	0.000	0.000	0.000
903444	Vitamin Water, XXX, Acai Berry	0.000	0.000	0.000	0.000	0.000	0.000	0.835	0.000	*N/A*	*N/A*	0.000	*N/A*	12.523	0.000	0.000
902442	Waffle Envy, Maple, 72/3.2 oz, S722MA, Marson	368.076	13.803	3.834	0.000	23.005	306.730	50.611	3.067	18.404	16.870	7.668	*N/A*	0.000	12.269	0.000
902272	Waffle, Maple Chip 3", 280/0.7 oz Bake Craft, 1584	226.761	8.818	0.000	0.000	12.598	302.348	37.794	0.000	7.559	*N/A*	5.039	*N/A*	0.000	50.391	0.907
903392	Waffle, Mini Blueberry, WG, Pillsbury, 32264	285.619	8.569	1.428	0.000	0.000	242.776	51.411	4.284	*N/A*	*N/A*	5.712	*N/A*	0.000	28.562	1.028

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903376	Waffle, Mini Maple, WG, Pillsbury, 32265	285.619	7.140	1.428	0.000	0.000	242.776	52.840	4.284	*N/A*	*N/A*	5.712	*N/A*	0.000	28.562	1.028
903500	Water 8 oz	0.000	0.000	0.000	0.000	0.000	0.000	0.000	0.000	*N/A*	*N/A*	0.000	*N/A*	0.000	0.000	0.000
75010	Water, Cold	0.000	0.0000	0.0000	0.0000	0.000	3.000	0.0000	0.000	*N/A*	*N/A*	0.000	*N/A*	0.000	2.000	0.010
1	WATER,BOILING	0.000	0.0000	0.0000	0.0000	0.000	3.000	0.0000	0.000	*N/A*	*N/A*	0.000	*N/A*	0.000	2.000	0.010
75012	WATER,HOT	0.000	0.0000	0.0000	*N/A*	0.000	3.000	0.0000	0.000	*N/A*	*N/A*	0.000	*N/A*	0.000	2.000	0.010
14429	WATER,MUNICIPAL	0.000	0.0000	0.0000	0.0000	0.000	3.000	0.0000	0.000	0.000	*N/A*	0.000	*N/A*	0.000	3.000	0.000
14411	WATER,TAP,DRINKING	0.000	0.0000	0.0000	0.0000	0.000	4.000	0.0000	0.000	0.000	*N/A*	0.000	*N/A*	0.000	3.000	0.000
75009	WATER,WARM	0.000	0.0000	0.0000	*N/A*	0.000	3.000	0.0000	0.000	*N/A*	*N/A*	0.000	*N/A*	0.000	2.000	0.010
9326	Watermelon, Fresh	30.000	0.1500	0.0160	0.0000	0.000	1.000	7.5500	0.400	6.200	*N/A*	0.610	*N/A*	8.100	7.000	0.240
903408	WG Graham, Farm Mrkt, Dick & Jane Snacks, ES1003	481.009	16.034	0.000	0.000	0.000	260.547	88.185	8.017	24.050	*N/A*	8.017	*N/A*	19.240	400.841	28.861
990401	WG Graham, Nutrition, Dick & Jane Snacks, ES1001	448.276	12.069	0.000	0.000	0.000	396.552	75.862	3.448	27.586	27.586	27.586	*N/A*	0.000	0.000	2.414
990458	WG Graham, State Cap, Dick & Jane Snacks, SC8801	448.276	12.069	0.000	0.000	0.000	396.552	75.862	3.448	27.586	27.586	27.586	*N/A*	0.000	0.000	2.414
20581	WHEAT FLR,WHITE,ALL-PURPOSE,ENR,UNBLEACHED	364.000	0.9800	0.1550	*N/A*	0.000	2.000	76.3100	2.700	0.270	*N/A*	10.330	*N/A*	0.000	15.000	4.640
990462	Woodles	428.571	17.857	0.000	0.000	0.000	339.286	60.714	7.143	0.000	0.000	10.714	*N/A*	*N/A*	21.429	3.571

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990461	Woodles	428.571	17.857	0.000	0.000	0.000	339.286	60.714	7.143	0.000	0.000	10.714	*N/A*	*N/A*	21.429	3.571
990400	Wowbutter, 72/2.8 oz, Albie's Foods, IW, 607	426.227	23.516	4.409	0.000	0.000	323.345	41.153	5.879	0.000	*N/A*	13.228	*N/A*	0.000	117.580	3.968
903246	Yeast Instant Dry, Le Saffre, 20/1lb, 15909	390.000	6.0000	2.0000	0.0000	0.000	75.000	33.0000	23.600	0.000	0.000	50.000	*N/A*	300.000	45.000	5.000
990417	Yeast, Sweet, Star Bake,Lasaffre, 39680	136.000	5.5000	1.2000	1.5000	0.700	3960.00 0	72.4000	4.000	64.600	*N/A*	9.500	*N/A*	3.000	10.000	1.000
990409	Yellow Pomelo	350.000	0.0000	0.0000	0.0000	0.000	180.000	86.0000	2.000	80.000	*N/A*	0.000	*N/A*	0.000	200.000	0.720
601872	Yogurt Strawberry Banana Danimals, 48/4oz, 73558	61.729	0.000	0.000	0.000	4.409	61.729	10.582	0.000	7.937	4.409	4.409	*N/A*	0.000	132.277	0.000
990434	Yogurt Strawberry Danimals, 48/4oz, 2731	53.097	0.000	0.000	0.000	4.425	61.947	10.619	0.000	7.965	3.540	3.540	*N/A*	0.000	132.743	0.000
990290	Yogurt Vanilla Dannon, 4/6lb, 96397	70.548	0.000	0.000	0.000	2.939	55.850	14.697	0.000	11.758	7.643	3.527	*N/A*	0.000	129.338	0.000
900125	Yogurt, Peach, Upstate Farms, 9818	79.366	0.000	0.000	0.000	0.000	48.502	16.755	0.000	12.346	8.818	2.646	*N/A*	0.000	255.736	0.000
902161	Yogurt, Plain	74.957	1.102	0.661	0.000	4.409	61.729	11.905	0.000	*N/A*	*N/A*	3.968	*N/A*	0.000	132.277	0.159
902323	Yogurt, Strawberry Banana, Upstate Farms, 9820	79.366	0.000	0.000	0.000	0.000	44.092	16.755	0.000	12.346	8.818	2.646	*N/A*	0.000	255.736	0.000

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902325	Yogurt, Strawberry, Upstate Farms, 9815	79.366	0.000	0.000	0.000	0.000	44.092	16.755	0.000	12.346	8.818	2.646	*N/A*	0.000	255.736	0.000
903223	Yogurt, Vanilla, LF, 5lb, Upstate Farms, 9896	76.427	0.000	0.000	0.000	2.939	47.032	16.461	0.000	12.934	9.406	2.939	*N/A*	0.000	252.797	0.000
601565	Zucchini Bread, IW, Super Bakery, 6072	269.742	8.300	0.519	0.000	0.000	248.993	45.649	2.075	23.862	*N/A*	5.187	*N/A*	0.000	168.070	1.037
903520	ZUCCHINI SQUASH, RAW	17.640	0.0000	0.0000	0.0000	0.000	17.640	2.3500	1.170	0.000	*N/A*	1.170	*N/A*	0.000	11.550	0.090

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