



Parent Guide to Athletics and COVID-19

If my student athlete starts the school year virtually on MySchool or Mosaic Digital Academy will they be permitted to participate in athletics?

Student athletes will be permitted to participate in athletics at the school they are zoned for if all athletic paperwork has been completed and the athlete has been cleared by the athletic office.

What steps are being taken to insure safety during the COVID-19 pandemic?

Teams are following all recommended guidelines such as:

- Taking temperatures daily before an athlete can participate.
- Masks are being worn always, except when participating in strenuous activity.
- Disinfecting stations are placed at all key locations with hand sanitizer and hand wipes.
- Athletes must bring their own water bottles and towels (no sharing allowed)
- Practicing all social distancing (standing six feet apart) when on the sidelines or waiting to play.
- Disinfecting all workout stations before and after use.

When might athletic competitions begin?

Practice or try outs will begin starting August 24, 2020. Games will not start any earlier than September 7, 2020, pending no further delays.

Will parents/fans be able to attend games?

At this time, fans will not be permitted to attend athletic events. This plan is subject to change. Further details will be communicated as they are determined.

If my student athlete wants to wear a face shield, will they be able to do so?

Only football players will be allowed to wear face shields, as it can attach directly to their helmet. It is not safe for other sports to wear a face shield.

How will locker room procedures change because of COVID-19?

Student athletes will be staggered in small groups to enter locker rooms to change in and out. Lockers will be six feet apart for social distancing. Locker rooms will be cleaned daily with CDC approved disinfectants.

What is done if an athlete tests positive for Covid-19?

A SLPS COVID-19 Response Team will review a positive case of a student and contact the St. Lucie County Health Department. The St. Lucie County Health Department will investigate, which may lead the infected student athlete to be quarantined for up to 14 days, along with every person (coaches and athletes) contact tracing reveals that the student athlete was in prolonged contact with. All equipment used by the team will be deep cleaned, as well as the locker room, and any workout space the student was in for a prolonged period.

What are the dates for conditioning?

Most schools currently have football and volleyball conditioning. Parents can check with their school's Athletic Director for details.

Practice or tryouts for the following sports will begin on August 24 for:

- **Football**
- **Volleyball**

